



FOR YOUR HEALTH

525 Veterans Blvd.  
Redwood City, CA 94063  
650-421-2155 Phone  
650-421-2159 Fax

## A G E N D A

**SEQUOIA HEALTHCARE DISTRICT  
BOD AND STAFF REDISTRICTING MEETING  
9:00 AM, Friday, January 7, 2022  
Conference Room, 525 Veterans Boulevard  
Redwood City, CA 94063**

Due to regulations regarding Covid-19, this meeting will be held via teleconference (per California AB 361 & SHD Board Resolution 2021-01) To join the meeting please dial in from your cellphone to [\(669\) 900-9128](tel:6699009128) and enter meeting ID: [897 2573 5436](tel:89725735436) or join from a computer to <https://us02web.zoom.us/j/89725735436>. Additional information regarding the meeting can be located at our website: [www.seghd.org](http://www.seghd.org)

1. Call To Order And Roll Call
2. Public Comment On Non-Agenda Items\*

### ACTION

3. New Business
  - a. Approve Resolution 2022-01 To Authorize Remote Teleconferencing Meetings Of The Sequoia Healthcare District Legislative Bodies For The Period January 7-February 7, 2022. 9:00-9:05
4. Update and discussion on Redistrict Maps - Jenny Bratton 9:05-9:30
5. Update and discussion on Sequoia Strong program and Website - Luz Garcia 9:30-9:50
6. Adjourn  
The Next Regular Meeting Of The Board Of Directors Of Sequoia Healthcare District Is Scheduled For 4:30 PM, Wednesday, February 2, 2022, District Conference Room, 525 Veterans Blvd., Redwood City, CA 94063

Jerry Shefren, MD, Board President

\*Public comment will be taken for each agenda item prior to the board's consideration on that item.

Any writings or documents provided to a majority of the Board of Directors regarding any item on this agenda will be made available for public inspection at the District office, 525 Veterans Blvd., Redwood City, CA, during normal business hours. Please telephone 650-421-2155 ext 201 to arrange an appointment.

If you are an individual with a disability and need an accommodation to participate in this meeting, please contact Sequoia Healthcare District at least 48-hours in advance at 650-421-2155 ext 201.

RESOLUTION NO. 2022-01

A RESOLUTION OF THE BOARD OF DIRECTORS OF THE SEQUOIA HEALTHCARE DISTRICT TO AUTHORIZE REMOTE TELECONFERENCING MEETINGS OF THE SEQUOIA HEALTHCARE DISTRICT LEGISLATIVE BODIES FOR THE PERIOD JANUARY 7-FEBRUARY 7, 2022

WHEREAS, the Sequoia Healthcare District is committed to preserving and nurturing public access and participation in meetings of the Board of Directors; and

WHEREAS, all meetings of Sequoia Healthcare District's legislative bodies are open and public, as required by the Ralph M. Brown Act (Cal. Gov. Code 54950 – 54963), so that any member of the public may attend, participate, and watch the District's legislative bodies conduct their business; and

WHEREAS, Government Code section 54953(e), as provided in AB 361 and made effective on September 17, 2021, makes provisions for remote teleconferencing participation in meetings by members of a legislative body, without compliance with the requirements of Government Code section 54953(b)(3), subject to the existence of certain conditions; and

WHEREAS, a required condition is that a state of emergency is declared by the Governor pursuant to Government Code section 8625, proclaiming the existence of conditions of disaster or of extreme peril to the safety of persons and property within the state caused by conditions as described in Government Code section 8558; and

WHEREAS, it is further required that state or local officials have imposed or recommended measures to promote social distancing, or that the legislative body meeting in person would present imminent risks to the health and safety of attendees; and

WHEREAS, such conditions now exist in the District, specifically, that the Governor of California has declared a state of emergency due to the imminent dangers of COVID-19; and the San Mateo County Health Officer has imposed measures for masking and social distancing in order to prevent the spread of COVID-19, including Order C19-12 issued on August 2, 2021;

NOW, THEREFORE, THE BOARD OF DIRECTORS OF SEQUOIA HEALTHCARE DISTRICT DOES HEREBY FIND AND RESOLVE:

Section 1. Recitals. The Recitals set forth above are true and correct.

Section 2. Findings of State of Emergency. The Board finds and declares:

A. A state emergency has been proclaimed by the Governor of the State of California and now exists throughout the District, and

B. State officials and local officials, including the San Mateo County Health Officer, have imposed and/or recommended that measures be taken to promote social distancing and to require that masks be worn indoors regardless of vaccination status; and

C. As a result of the emergency, meeting in person would present imminent risks to the health and safety of members of the public and District staff.



Section 3. Remote Teleconference Meetings. As a consequence of the local emergency, the Board of Directors does hereby determine that the legislative bodies of Sequoia Healthcare District shall conduct their meetings without compliance with paragraph (3) of subdivision (b) of Government Code section 54953, as authorized by subdivision (e) of section 54953, and that such legislative bodies shall comply with the requirements to provide the public with access to the meetings as prescribed in paragraph (2) of subdivision (e) of section 54953.

The Chief Executive Officer is hereby authorized and directed to take all actions necessary to carry out the intent and purpose of this Resolution including, conducting open and public meetings in accordance with Government Code section 54953(e) and other applicable provisions of the Brown Act, including noticing and provisions for public participation and public comment.

Section 4. Effective Date of Resolution. This Resolution shall take effect immediately upon its adoption and shall be effective for 30 days from the date of adoption or until such time as the Board of Directors adopts a subsequent resolution in accordance with Government Code section 54953(e)(3) to extend the time during which the legislative bodies of Sequoia Healthcare District may continue to teleconference without compliance with paragraph (3) of subdivision (b) of section 54953.

PASSED AND ADOPTED by the Board of Directors of Sequoia Healthcare District, this 28th day of January 7, 2022, by the following vote:

AYES:

NOES:

ABSENT:

ABSTAIN:

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Gerald Shefren, MD  
President, Board of Directors  
SEQUOIA HEALTHCARE DISTRICT

Attest:

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Aaron Nayfack, MD  
Secretary of Said Board

Agenda Item No. 4  
Board of Directors Meeting  
January 7, 2022

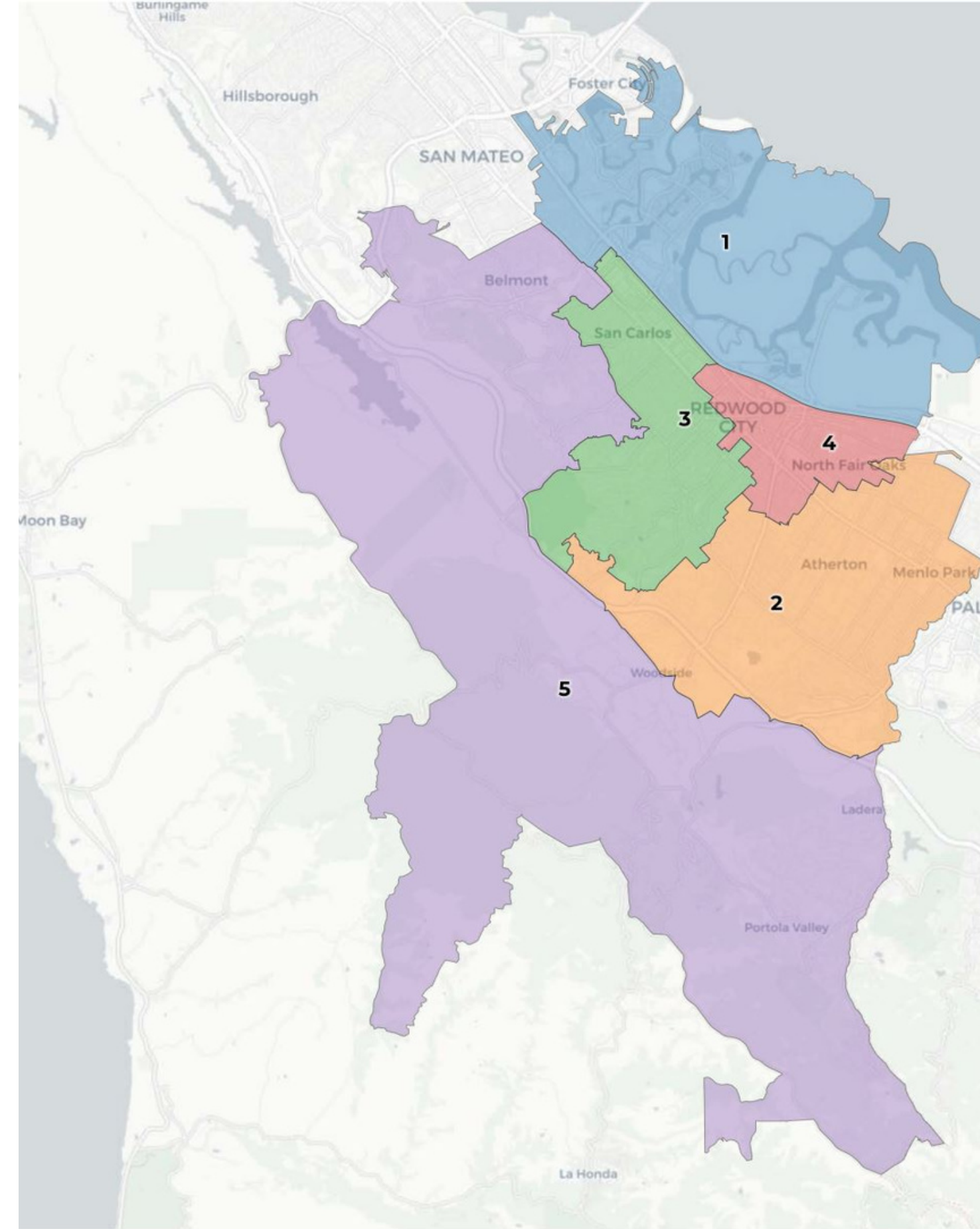
Cover page for Agenda Item 4 – Re-Districting Materials



FOR YOUR HEALTH

# SHD Redistricting Maps

January 7, 2022

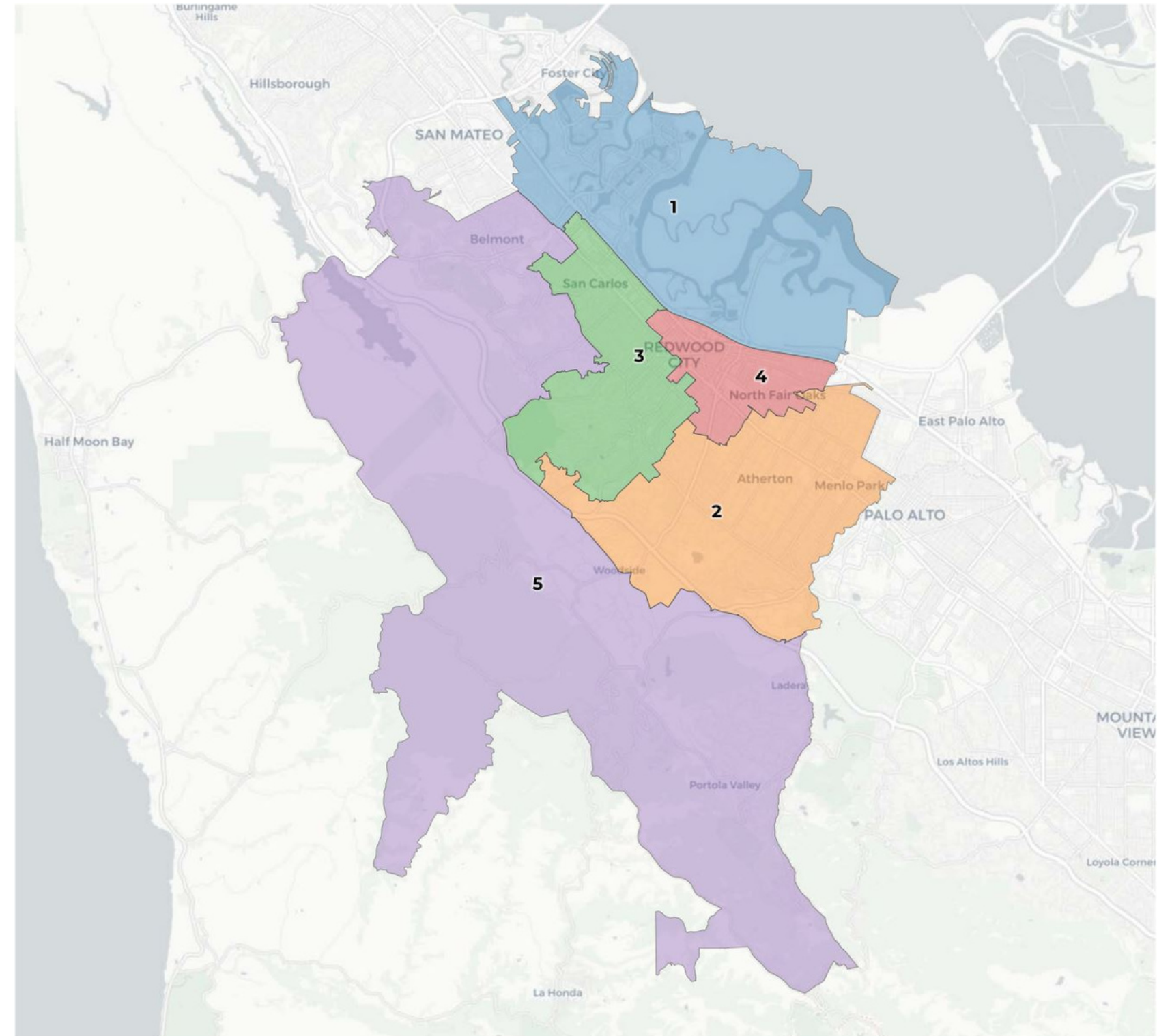


# 2020 Census

- District 1: 53,347 (7.3%)\*
- District 2: 47,476 (-4.5%)
- District 3: 49,666 (-0.1%)
- District 4: 46,440 (-6.1%)\*
- District 5: 51,410 (3.4%)

Total SHD Population: **248,559**

# Current







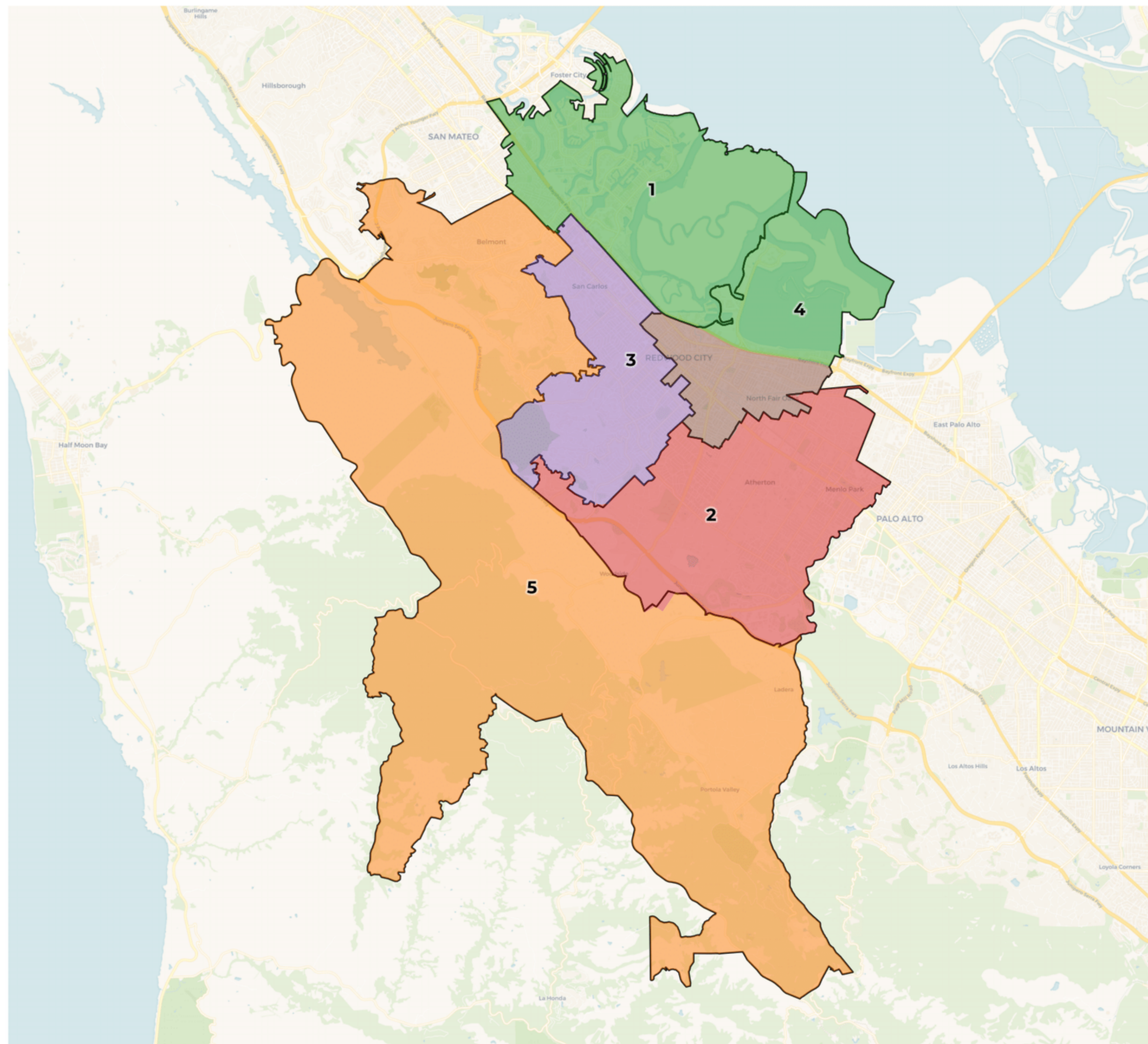
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# Plan A Overlay

Minimum change,  
adjusting to District 4  
(most underpopulated)  
from District 1 (most  
overpopulated)

Sequoia Healthcare District

Draft Plan A - Existing Overlay

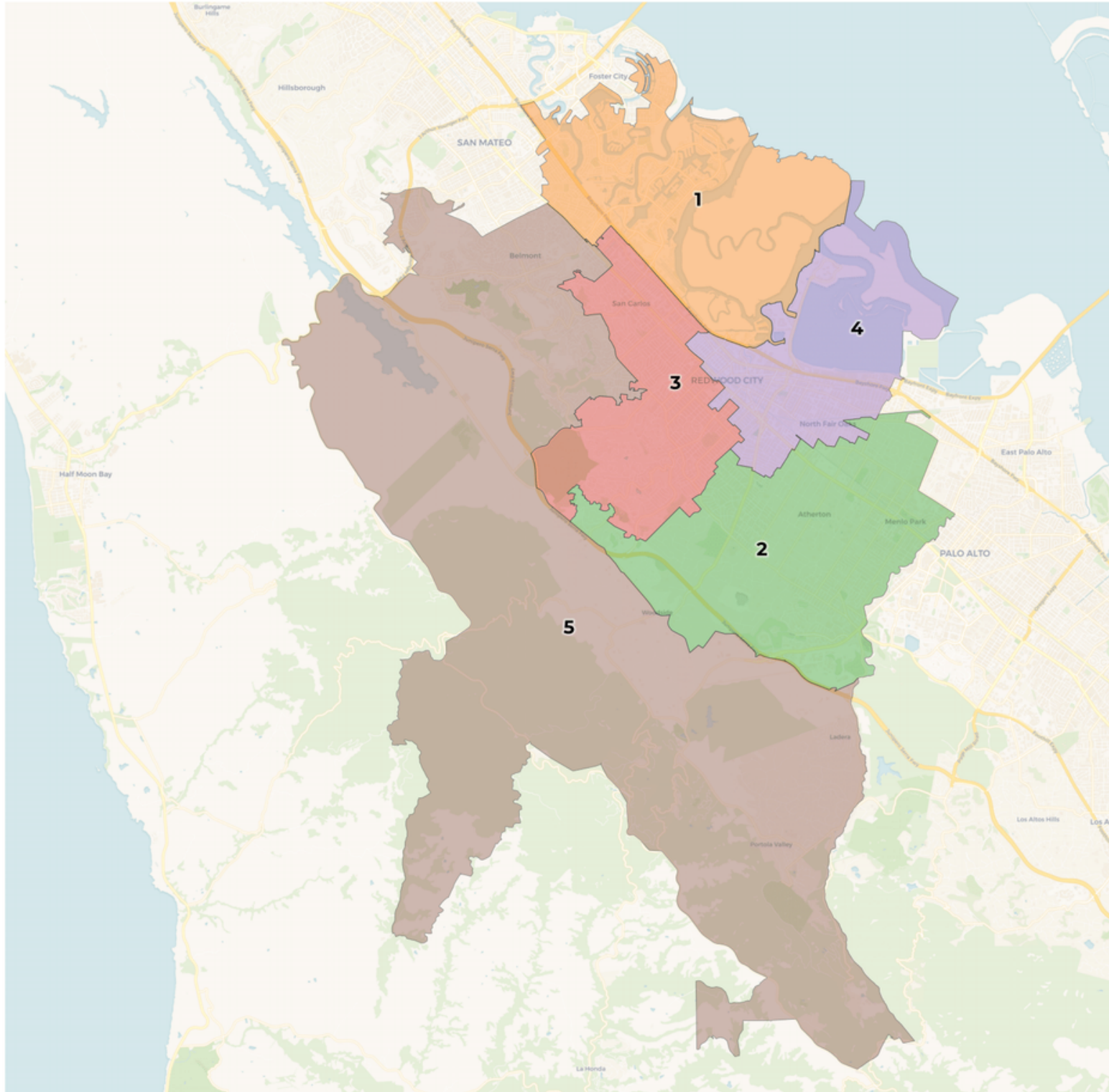




# Plan A

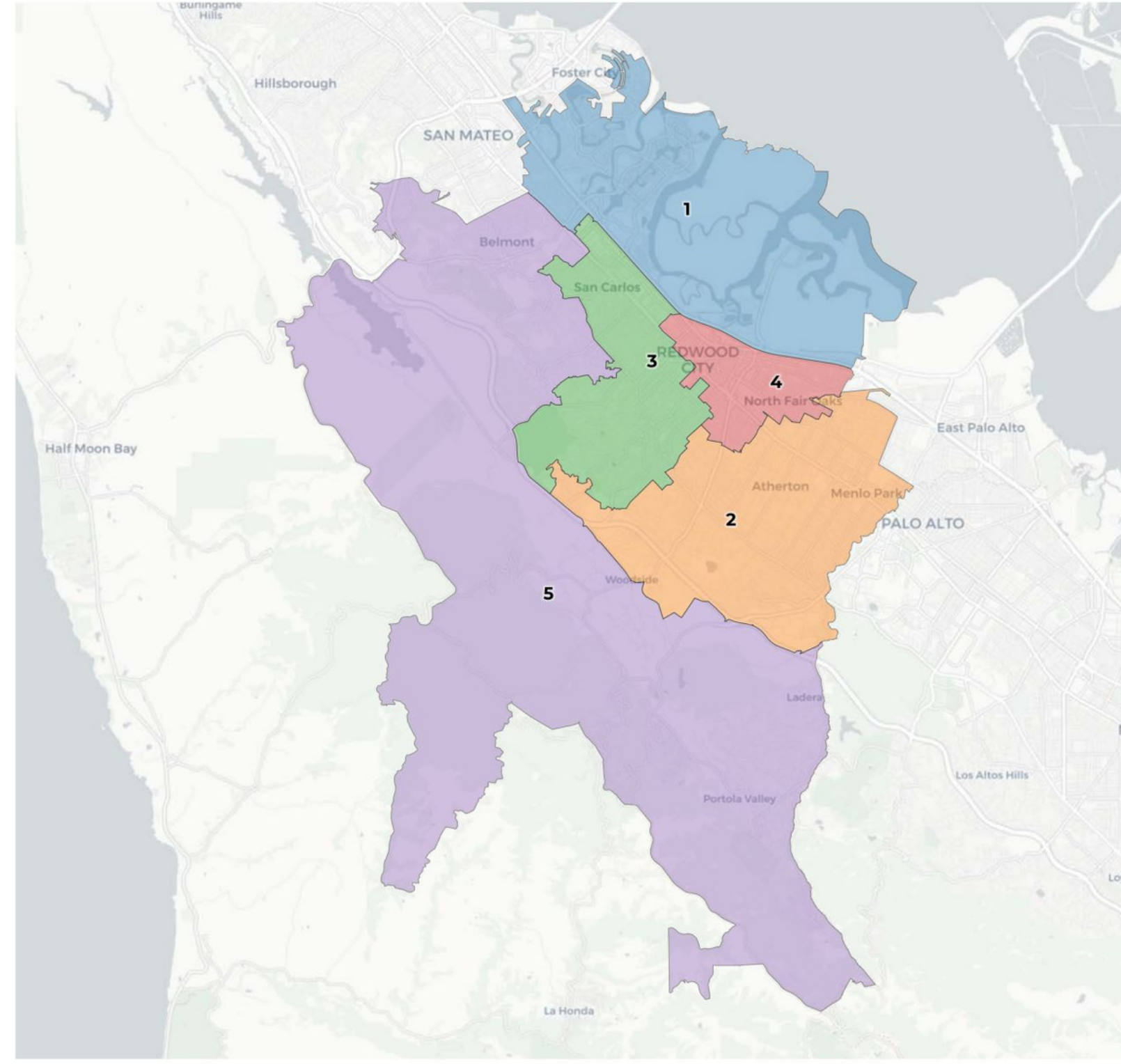
Sequoia Healthcare District  
Preliminary Draft Plan A

 **REDISTRICTING  
PARTNERS**



Sequoia Healthcare District  
Current Lines

 **REDISTRICTING  
PARTNERS**



# Current





FOR YOUR HEALTH

# Plan B Overlay

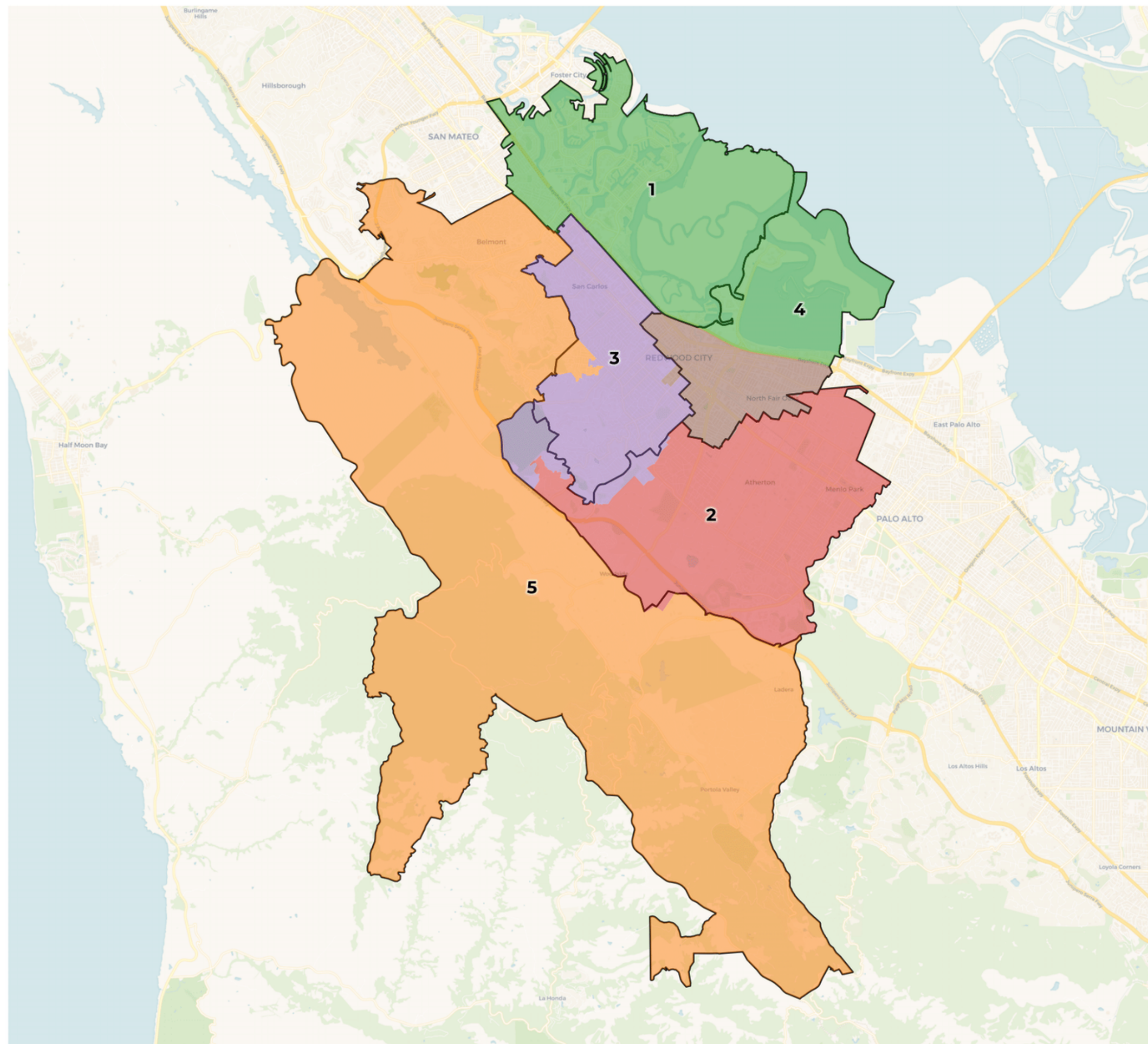
Minimum Change,  
reducing deviations.

Total plan deviation <0.5%

Sequoia Healthcare District

Draft Plan B - Existing Overlay

**REDISTRICTING  
PARTNERS**

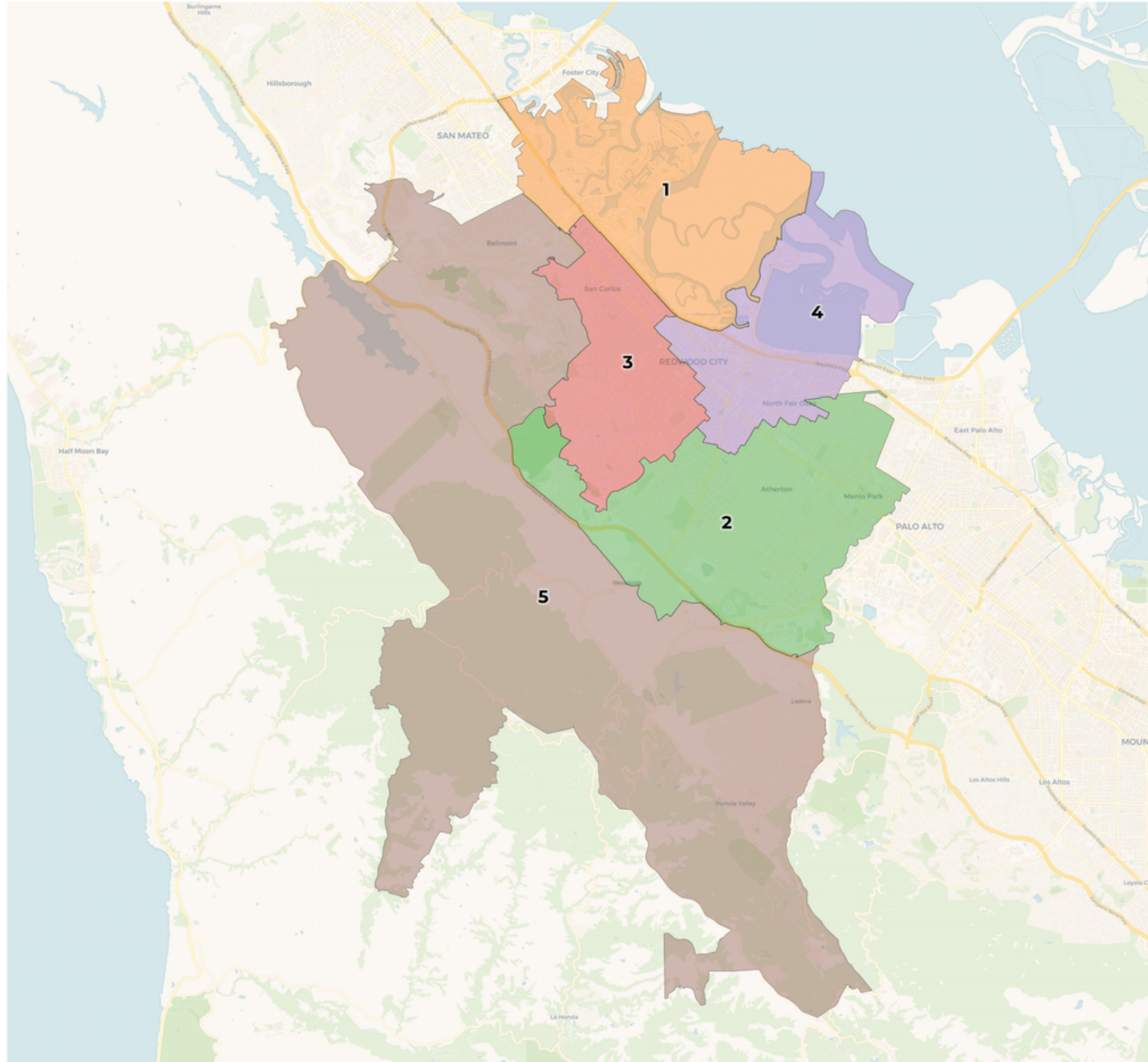




# Plan B

Sequoia Healthcare District  
Preliminary Draft Plan B

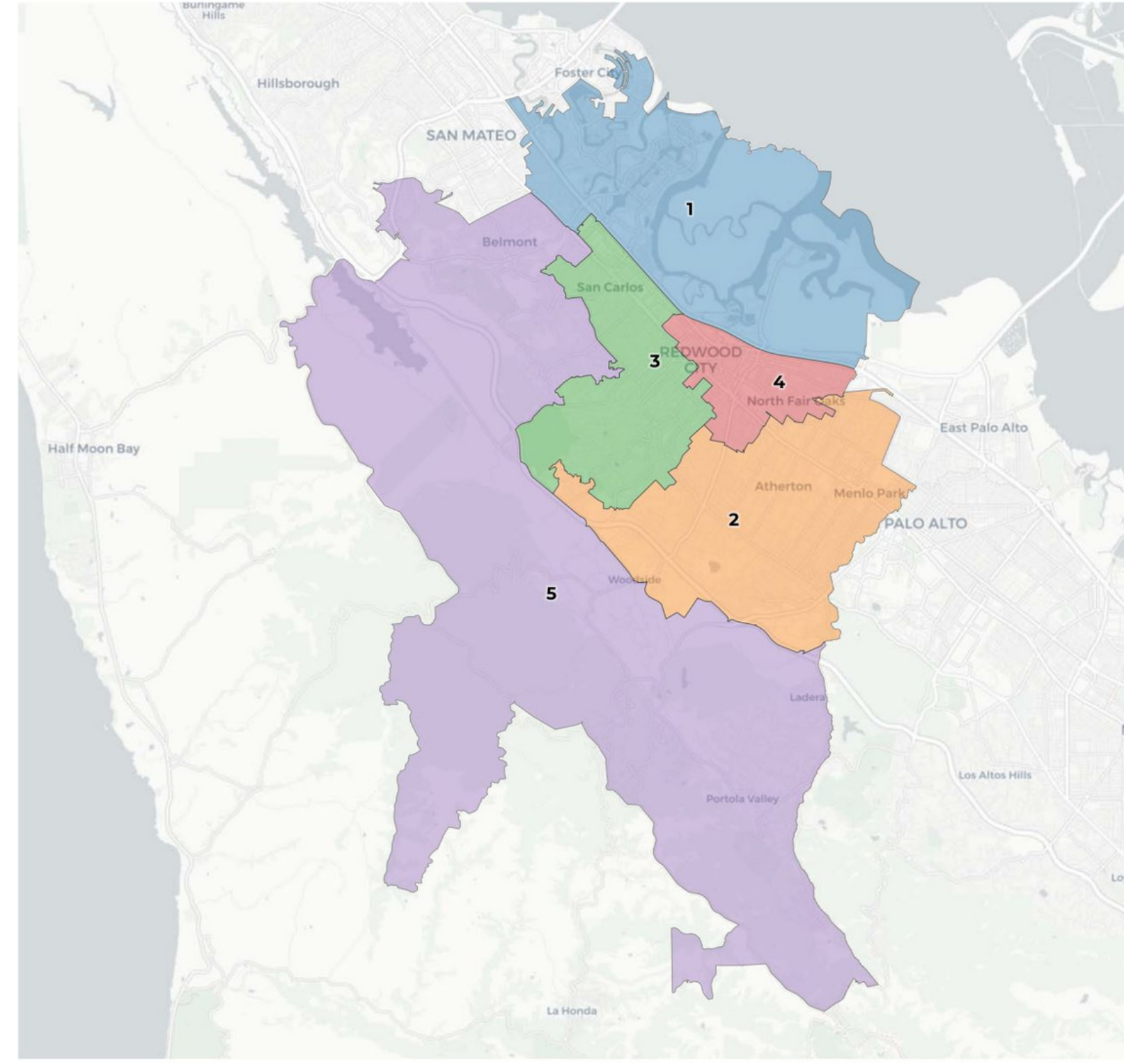
 **REDISTRICTING  
PARTNERS**



Sequoia Healthcare District  
Current Lines

 **REDISTRICTING  
PARTNERS**

# Current







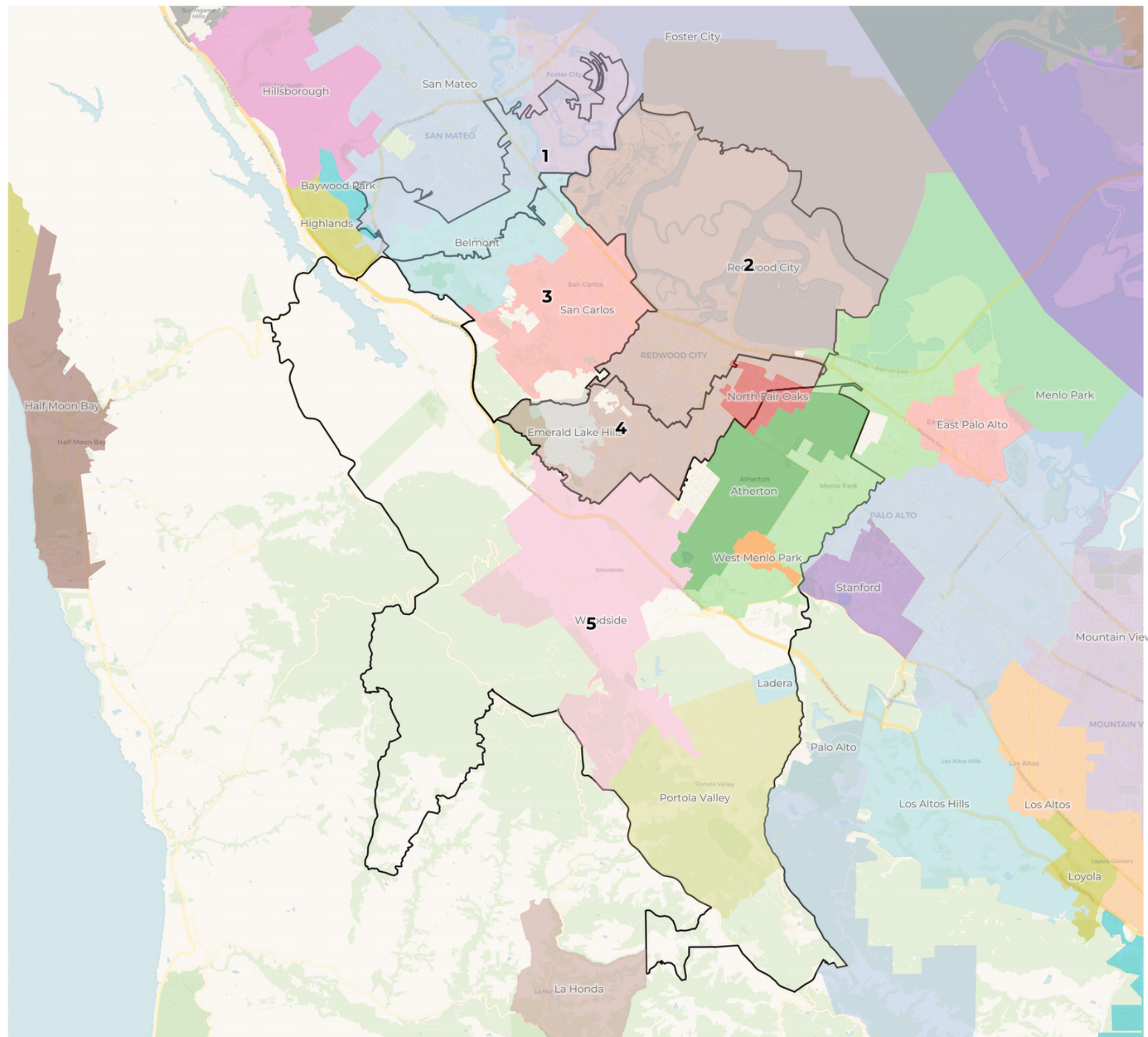
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# Plan C Overlay

Entirely new structure  
based on existing city  
boundaries

Sequoia Healthcare District  
Prelim Draft Plan C - Cities Overlay

**REDISTRICTING  
PARTNERS**

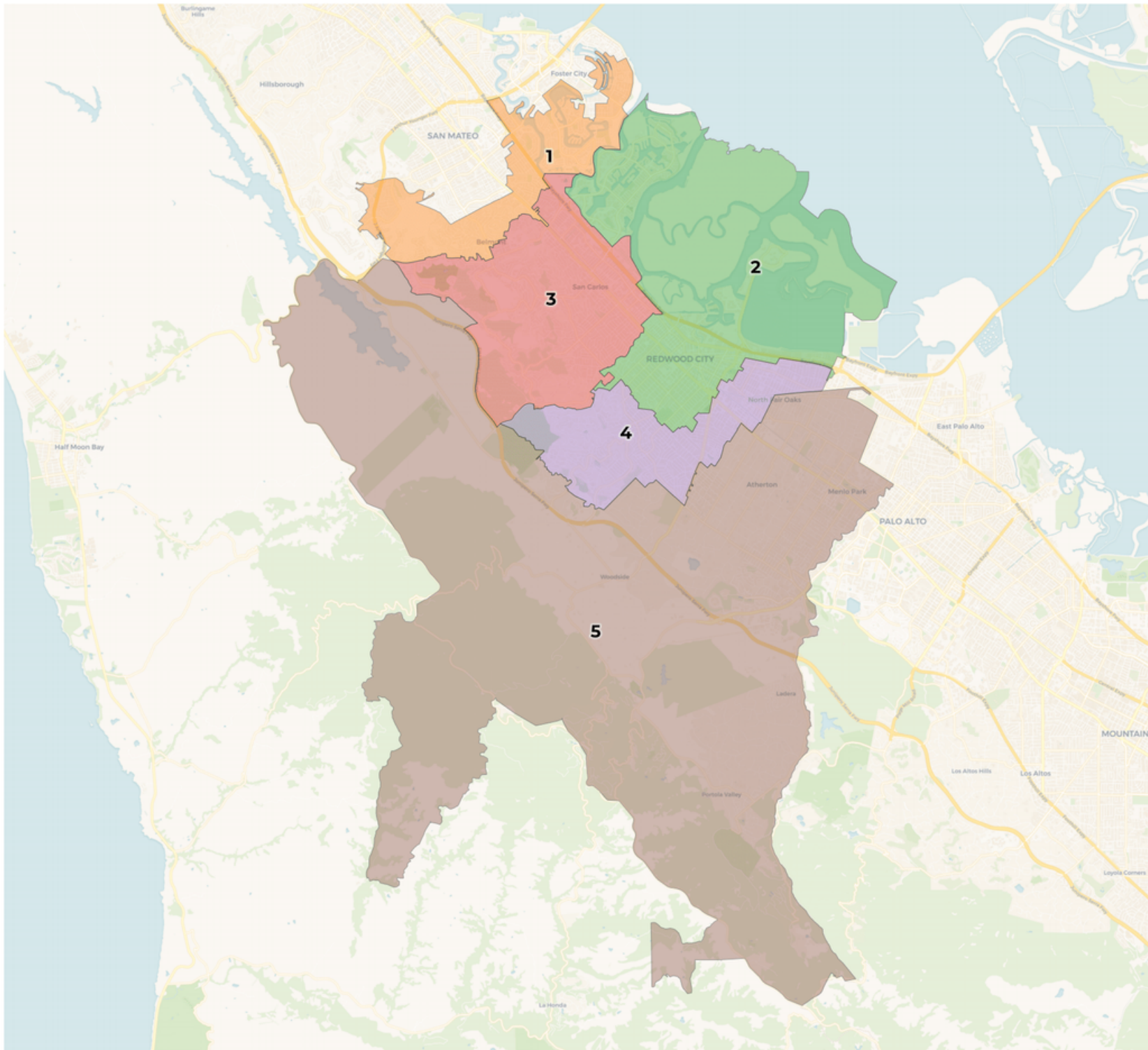




# Plan C

Sequoia Healthcare District  
Preliminary Draft Plan C

**REDISTRICTING  
PARTNERS**

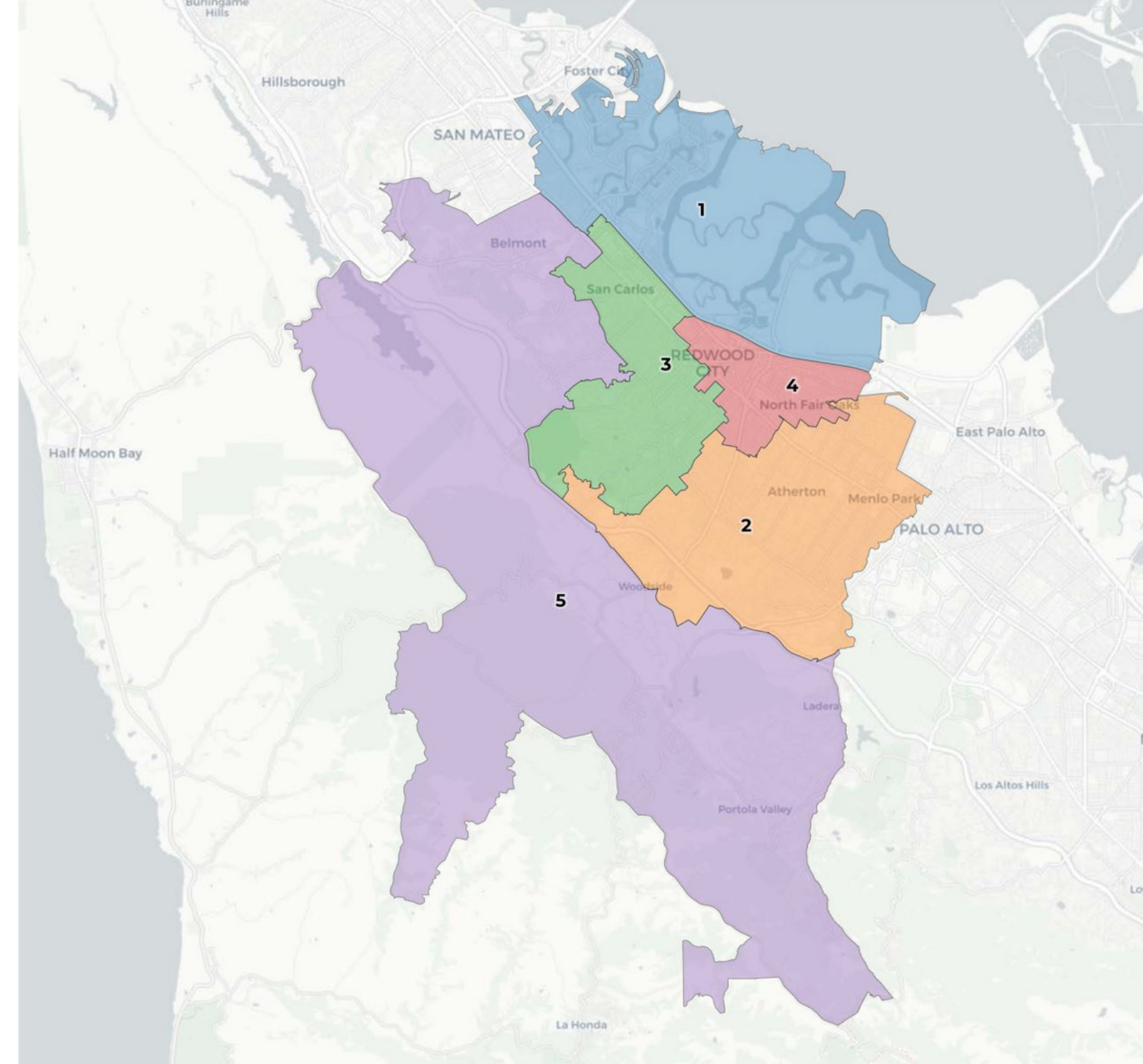


Sequoia Healthcare District  
Current Lines

**REDISTRICTING  
PARTNERS**



# Current







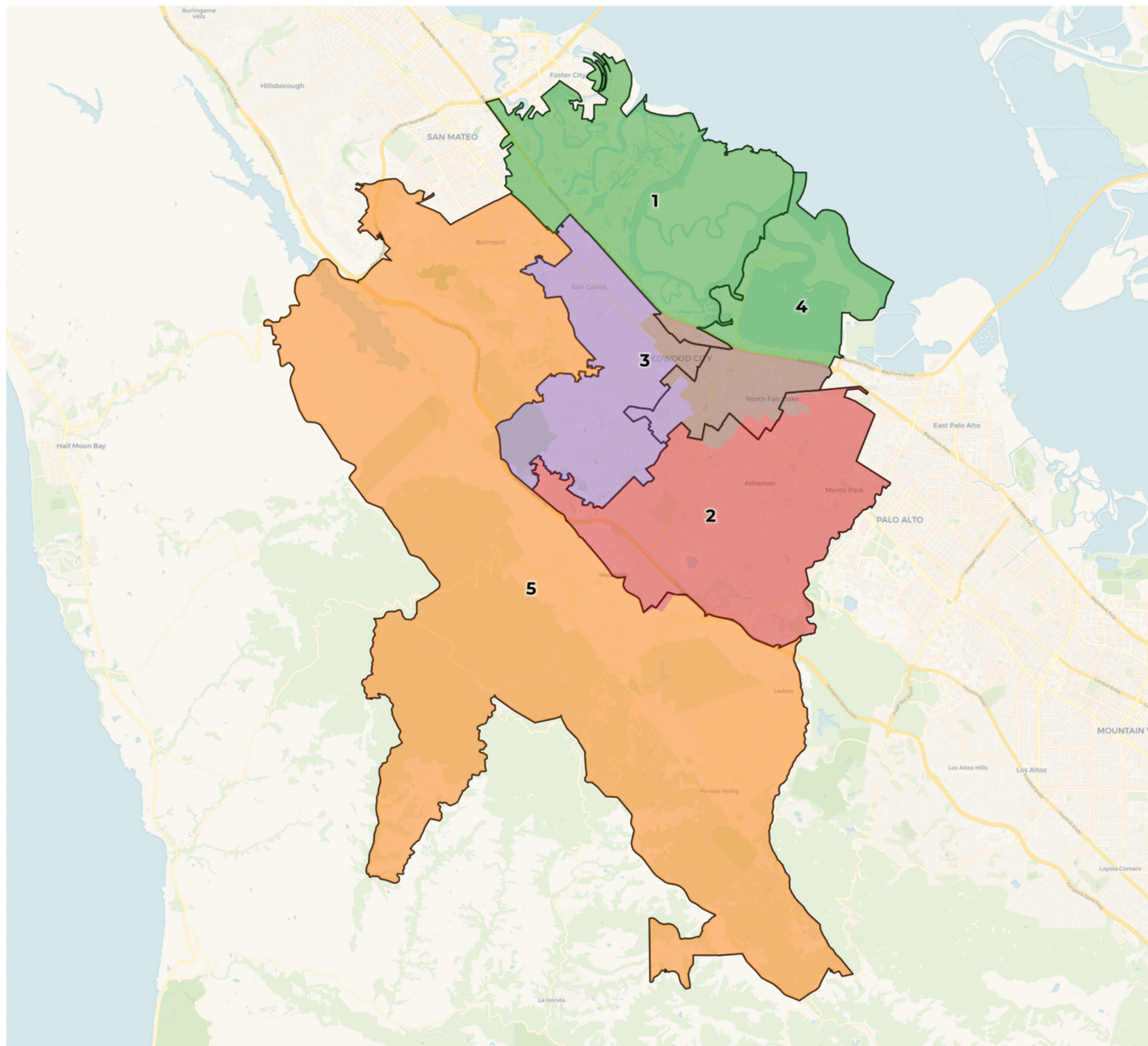
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# Plan D Overlay

Exploring if a Majority  
Minority Latino district 4  
can be drawn  
(only gets to 48% CVAP\*  
Latino vs. 43.3% currently)

\*CVAP=Citizen Voting Age Population

Sequoia Healthcare District  
Draft Plan D - Existing Overlay

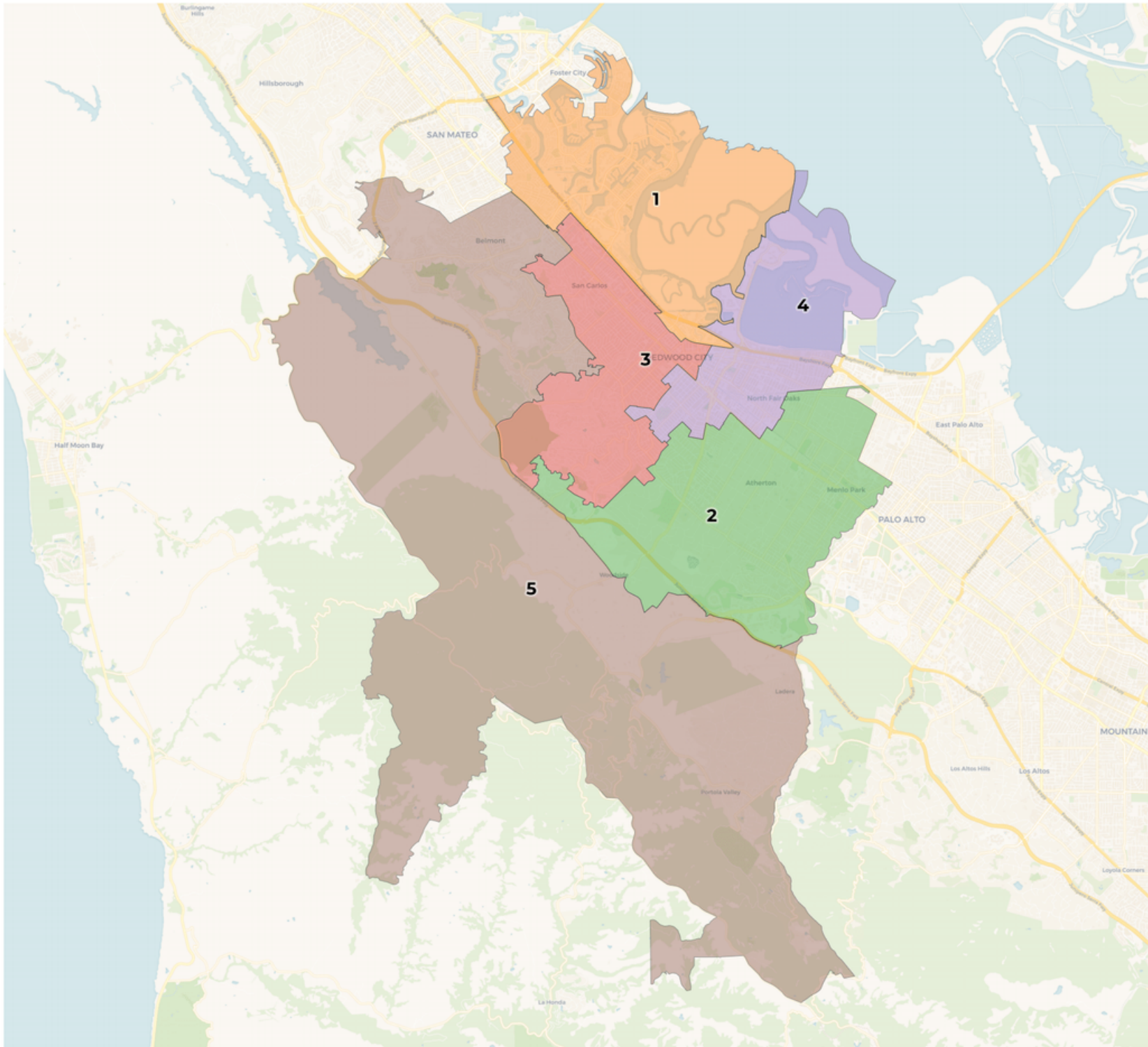




# Plan D

Sequoia Healthcare District  
Preliminary Draft Plan D

**REDISTRICTING  
PARTNERS**

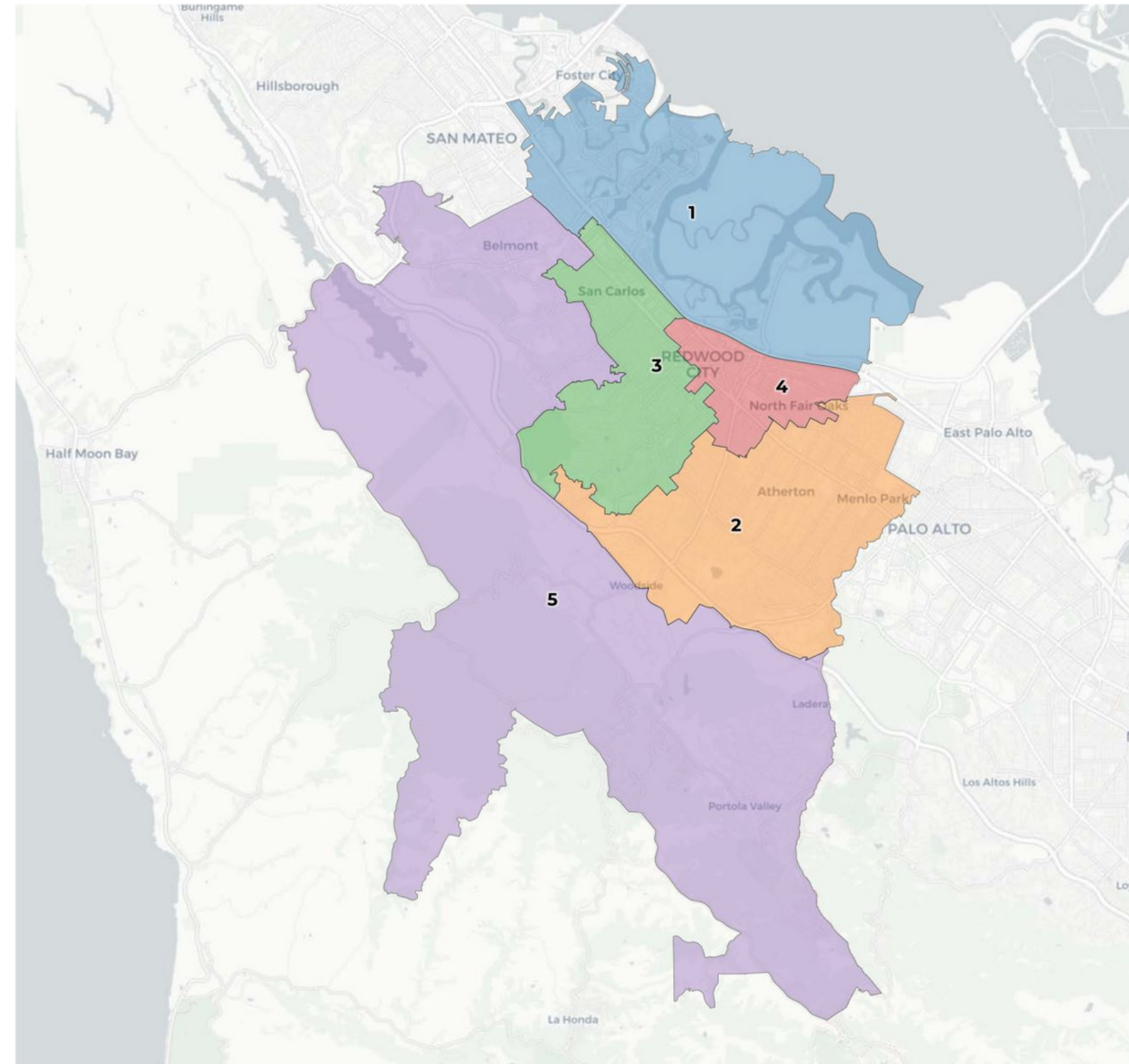


Sequoia Healthcare District  
Current Lines

**REDISTRICTING  
PARTNERS**



# Current



Agenda Item No. 5  
Board of Directors Meeting  
January 7, 2022

Cover page for Agenda Item 5 – Sequoia Strong program and website materials



## How it Works



1

Explore activities and services on Sequoia Strong

2

Visit our health blog and learn about the latest health topics

3

Stay up to date on local community events



## Our Vision

Our Vision is for all District residents to experience optimal physical and mental health at every stage of life.

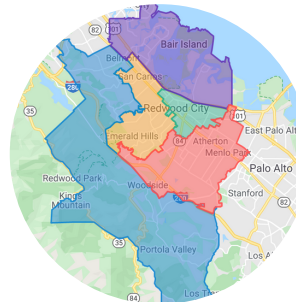
## Our Mission

Sequoia Healthcare District is committed to improving the health of District residents by enhancing access to care and promoting wellness through responsible stewardship of District taxpayer dollars.

## Who We Serve

All programs and services are designed for District residents. The District includes:

- Atherton
- Belmont
- Portola Valley
- Redwood City
- Redwood Shores
- San Carlos
- Woodside
- Menlo Park
- parts of Foster City



# Sequoia Strong

Your Resource Guide to  
Healthy Living for All Ages

[sequoiastrong.org](http://sequoiastrong.org)


# HEALTHY LIVING FOR ALL AGES





## Children & Teens Activities and Services

 Academic Support

 Extra-curricular Activities

 Physical and Mental Health Services

 Parenting Resources

 Substance Use Information

## Adults

### Activities

Social Groups & Activities

Volunteer Opportunities

Fitness & Sports

Classes & Workshops



### Services

Free & Low-Cost Health Clinics

Mental & Emotional Health Services

Food & Nutrition

Financial & Legal Assistance



## Older Adults

### Activities

 Social Groups & Activities

 Volunteer Opportunities

 Fitness & Sports

 Classes & Workshops

### Services

Medicare Assistance  
Alzheimer's & Dementia Resources  
Transportation & Housing  
Home Repairs  
Food & Nutrition  
Tax, Legal, & Financial Assistance  
Home Care & Caregivers  
Mental & Emotional Health Services





FOR YOUR HEALTH

## Our Mission

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## Our Vision

Our Vision is for all District residents to experience optimal physical and mental health at every stage of life.



525 Veterans Blvd, Redwood City, CA 94063  
+650-421-2155  
www.seqhd.org

# SEQUOIA STRONG



Your Resource Guide  
to Healthy Living  
sequoiastrong.org

## How it Works

1. Explore activities and services on Sequoia Strong
2. Read about the latest health topics by visiting our health blog
3. Stay up to date on local community events





# ABOUT US

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Sequoia Strong is your one stop shop to activities and services in San Mateo County. Most are FREE or LOW Cost. Get connected to trusted partners with a touch of a click. Get Started today!



# Healthy Living for All Ages

CHILDREN | TEENS | ADULTS | ADULTS 50+



# RESOURCES

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## CHILDREN

Find academic support, extra-curriculars, health services, parenting resources, and substance use information.

## TEENS

Find academic support, extra-curriculars, health services, parenting resources, and substance use information.

## ADULTS

Find social groups, volunteer opportunities, fitness & sports, and classes & workshops. Find health clinics, health services, food & nutrition information and financial & legal assistance

## OLDER ADULTS

Find social groups, volunteer opportunities, fitness & sports, and classes & workshops. Find medicare assistance, transportation & housing, and home care and caregivers.

**And so much more!**

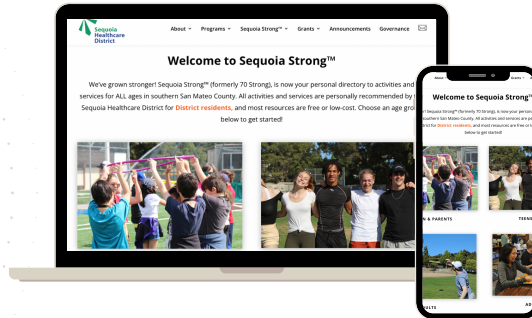
# Sequoia Strong

Your **Resource Guide** to  
Healthy Living for **All Ages**



Find local activities and services all in  
one place. Most resources are **FREE**  
or **low cost**.

## How it Works



1

Explore activities  
and services on  
Sequoia Strong

2

Visit our health  
blog to learn  
about the latest  
health topics

3

Stay up to date  
on local  
community  
events

# HEALTHY LIVING FOR ALL AGES



SCAN ME

## Sequoia Strong

Children | Teens | Adults | Older Adults

Find activities and services in San  
Mateo County at every age!

[www.sequoiastrong.org](http://www.sequoiastrong.org)

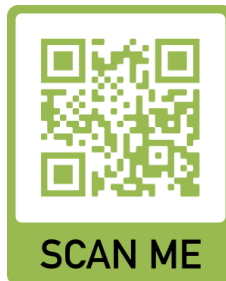




YOUR ONLINE RESOURCE GUIDE TO HEALTHY LIVING

# Sequoia Strong

Activities and Services for  
CHILDREN | TEENS | ADULTS | ADULTS 50+



Get started today visit [www.sequoiastrong.org](http://www.sequoiastrong.org)



FOR YOUR HEALTH



YOUR FREE ONLINE RESOURCE GUIDE

# SEQUOIA STRONG

*Healthy Living for All Ages*

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**CHILDREN | TEENS | ADULTS | ADULTS 50+**

Find local activities and services. Most are **FREE**  
or **LOW COST**



FOR YOUR HEALTH