

A G E N D A

**SEQUOIA HEALTHCARE DISTRICT
REGULAR BOARD OF DIRECTORS MEETING
4:30 PM, Wednesday, February 2, 2022
Conference Room, 525 Veterans Boulevard
Redwood City, CA 94063**

Due to regulations regarding Covid-19, this meeting will be held via teleconference (per California AB 361 & SHD Board Resolution 2021-03) To join the meeting please dial in from your cellphone to [\(669\) 900-9128](tel:6699009128) and enter meeting ID: [817 9166 0061](https://us02web.zoom.us/j/81791660061) or join from a computer to <https://us02web.zoom.us/j/81791660061>. Additional information regarding the meeting can be located at our website: www.seqhd.org

1. Call To Order And Roll Call
2. Public Comment On Non-Agenda Items*
- ACTION 3. Consent Calendar - President Shefren
 - a. Approve December 1, 2021 Regular Meeting Minutes
 - b. Approve January 7, 2022 Special Meeting Minutes
 - c. Accept November And December 2021 Financial Statements
- ACTION 4. New Business
 - a. Approve Resolution 2022-02 To Authorize Remote Teleconferencing Meetings Of The Sequoia Healthcare District Legislative Bodies For The Period February 2-March 2, 2022. 4:35-4:40
 - b. Annual State of The District - CEO Kurtzman 4:40-4:55
 - c. Update and discussion on Redistrict Maps - Jenny Bratton 4:55-5:05
 - ACTION d. Approve Resolution 2022-03 To Support Reopening Michelson Therapy Pool 5:05-5:10
 - ACTION e. Consider 2-Year Grant Renewal Request From BGCP Of \$93,170 Per Year To Continue Funding Full-Time Bilingual Psychotherapist At Forest High School Center In Redwood City - Michael Jones And Judith Gable 5:10-5:25
 - ACTION f. Director Requests For Future Agenda Items Per Board Policy 8.3 - President Shefren 5:25-5:30
5. CEO/Staff Reports:
 - a. CEO Report And Staff Reports- Ms. Kurtzman, Dr. Li, Ms. Bratton, Ms. Garcia 5:30-5:50
- ACTION 6. Adjourn to Closed Session For The Purpose Of:
Under Government Code Sections 54957 and 54957.6 for the following purposes:
PUBLIC EMPLOYEE PERFORMANCE EVALUATION (54957) Title: Chief Executive Officer of Sequoia Healthcare District. CONFERENCE WITH LABOR NEGOTIATOR (54957.6) Agency Designated Representative: Jerry Shefren, Board President & Arthur Faro, Vice President, Unrepresented Employee: Chief Executive Officer, Sequoia Healthcare District
- ACTION 7. Reconvene To Open Session: Announce Any Reportable Action Taken In Closed Session.
- ACTION 8. Adjourn
The Next Regular Meeting Of The Board Of Directors Of Sequoia Healthcare District Is Scheduled For 4:30 PM, Wednesday, April 6, 2022, District Conference Room, 525 Veterans Blvd., Redwood City, CA 94063

Jerry Shefren, MD, Board President

*Public comment will be taken for each agenda item prior to the board's consideration on that item.

Any writings or documents provided to a majority of the Board of Directors regarding any item on this agenda will be made available for public inspection at the District office, 525 Veterans Blvd., Redwood City, CA, during normal business hours. Please telephone 650-421-2155 ext 201 to arrange an appointment.

If you are an individual with a disability and need an accommodation to participate in this meeting, please contact Sequoia Healthcare District at least 48-hours in advance at 650-421-2155 ext 201.

**MINUTES OF REGULAR MEETING
BOARD OF DIRECTORS
SEQUOIA HEALTHCARE DISTRICT
December 1, 2021
Conference Room, 525 Veterans Boulevard
Redwood City, CA 94063**

Directors Present

Director Faro
Director Griffin
Director Nayfack
Director Martinez
Director Shefren

Directors Excused

Also Present

Pamela Kurtzman, CEO
Mr. Hudak, Legal Counsel
Ms. Stamper, Recorder

Per Resolution 2021-03, this meeting was held
via Zoom teleconference

1. Call to Order

President Shefren called the meeting to order at 4:30PM. Roll call attendance was taken. A quorum was present.

2. Public Comment/Non-Agenda Items

President Shefren asked if there was any public comment on non-agenda items. There was none.

Director Martinez joined the meeting at 4:31pm.

3. Consent Calendar

Motion: To approve 3b, 3c, and 3d of the consent calendar.

By: Director Faro

Seconded by: Director Nayfack

Vote: Ayes - Faro, Griffin, Martinez, Nayfack, Shefren

Nos --

Abstain --

Absent --

Motion Passed: 5-0

Motion: To approve the minutes of the October 6th, 2021 Board of Directors Meeting with the correction to section 4a Motion, to change “the Board write a formal letter” to “the CEO” write a formal letter”.

By: Director Faro

Seconded by: Director Griffin

Vote: Ayes - Faro, Griffin, Martinez, Nayfack, Shefren

Nos --

Abstain --

Absent --

Motion Passed: 5-0

4.a. Update On First 5 SMC Grant Outcomes July 1, 2020 - June 30, 2021

President Shefren asked if there was any public comment on this agenda item. There was none.

Emily Roberts of First 5 San Mateo County gave a high-level overview of the FY2020-21 Healthy Beginnings Initiative deliverables. District funds supported 1) Integrated Systems for Children with Special Needs, also known as “Help Me Grow”, which identifies developmental needs in young children and connects them to services, and 2) Early Childhood Mental Health Systems, also known as “TRISI”, which supports staff and agencies with practices that promote healing for families and reduce re-traumatization. Anyone regardless of income can access services from Help Me Grow. Board members expressed appreciation for the First 5 partnership and Director Nayfack, a developmental pediatrician at PAMF, commented that he had worked with the Help Me Grow hotline to help a patient connect with services and was very impressed with how well it was worked.

**4.b. Update On Sequoia Hospital Financial Performance
And Activities For FY Ending 2021**

President Shefren asked if there was any public comment on this agenda item. There was none.

Bill Graham of Sequoia Hospital gave a presentation regarding the hospitals’ FY 2021 achievements and challenges. Sequoia Hospital received recognition as one of the top hospitals in the region from US News and World Reports, has received patient safety and excellence awards from Healthgrades, and was rated by the Health Equality Index as an LGBTQ Health Care Equality leader which helps support and provide services to the LGBTQ community. EBIDA performance was much influence by Covid over the last two years. However, although January saw an increase in the volume of non-covid related business, they are having problems staffing the hospital to meet current demand.

Sequoia Hospital is investing time and funds in the Dignity Health Medical Foundation (a network of primary care and specialist physicians) to ensure the hospital has the backing of an aligned and strong medical community. Their key strategic focus areas include primary care development, workforce development, relocating the birthing center to the pavilion, developing and adding new cardiovascular services, exploring adding outpatient joint replacement services, and working on implementing improvements to the master facility plan.

**4.c. Consider Grant Renewal To LifeMoves To Continue Funding LVN
For Two Calendar Years, 2022 And 2023, Totaling \$255,000**

President Shefren asked if there was any public comment on this agenda item. There was none.

Director Nayfack excused himself and left the presentation at 5:07pm.

LifeMoves is a large provider of homeless services that specializes in providing interim housing programs for families and individuals experiencing homelessness. They operate 26 service sites and various programs, offering over 1,500 beds, and serve 7,000 clients per year. One fifth of their clients are US veterans, and one fifth are children. In April 2021, LM opened up a non-congregate shelter in Half Moon Bay at the site of a former hotel which has had a huge impact on homelessness west of the coastal range. In May they opened a new modular design facility in Menlo Park that utilizes shipping containers that have been customized into 2-4 residences that house 88 singles and 12 families. The Maple Street shelter will be torn down in the spring to make way for a 260 door non-congregate modular facility with in-suite bathrooms for all residences. Construction should be completed in March of 2023. LifeMoves requested a grant for 2022 and 2023 to continue funding the LVN at the Maple Street Shelter who will continue to help clients.

Motion: To approve a \$255,000 grant to LifeMoves to continue funding an LVN for two calendar years, 2022 and 2023.

By: Director Faro

DRAFT

Seconded by: Director Shefren
Vote: Ayes -- Faro, Griffin, Martinez, Shefren
Nos --
Abstain --
Absent -- Nayfack
Motion Passed: 4-0-0-1

4.d. Update On Redistricting Process And Next Steps

President Shefren asked if there was any public comment on this agenda item. There was none.

The census data shows a 13.4% deviation in population between current zones which requires the District to redraw the zone boundaries. Ms. Bratton has been working with Paul Mitchell, the demographer, to create multiple zone maps, and will hold a public hearing in January to present multiple drafts to the public for their input on the final zone boundaries. A final public hearing will occur in February to take a vote. The District would like to turn in the redistricting paperwork in advance of the April 17 deadline.

4.e. Consider Joint Proposal With Dignity/Sequoia Hospital To Provide Up To \$100,000 To Local Non-Profits To Feed Food Insecure Clients During The Holiday Season

President Shefren asked if there was any public comment on this agenda item. There was none.

Jenny Bratton of Sequoia Healthcare District and Marie Violet of Dignity Health Sequoia Hospital discussed the need for additional food and meal distribution during the holiday season, which typically sees a surge in need. Ms. Bratton and Ms. Violet requested a grant of \$100K to be distributed to 6 local non-profits that feed food insecure clients. The names and amounts are listed in the packet. Dignity Health Sequoia Hospital's Board has already approved their half of the grants.

Motion: To approve \$50,000 towards the joint \$100,000 grant with Sequoia Hospital to feed food insecure clients during the holiday season.

By: Director Faro

Seconded by: Director Griffin

Directors Shefren and Faro questioned if the requested amount is enough. Ms. Bratton assured the Board that the District has also increased funding for food grants this fiscal year.

Vote: Ayes - Faro, Griffin, Martinez, Shefren

Nos --

Abstain --

Absent - Nayfack

Motion Passed: 4-0-0-1

4.f. Consider 2-Year Grant Renewal Request From BGCP of \$93,170 Per Year To Continue Funding A Full-Time Bilingual Psychotherapist At Forest High School Center in Redwood City

The presenter was not able to attend the meeting and will present their request at the February Board meeting.

4.g. Proposal to Transition All Renewed Caring Community Grants to 2-Year Grants

President Shefren asked if there was any public comment on this agenda item. There was none.

Currently, the District has 1-year grants, 2-year grants, and 2-year grants on their second year of funding. Our current system requires a large commitment of time from the volunteer CC grants committee members to review requests and reports. In addition, Ms. Bratton spends considerable time tracking which grants require renewal, reports, and payments of the total allotment of grants. Ms. Bratton would like to transition half of the grants, by category, to being renewed for two years on even years and the other half on odd years, thereby streamlining the process, cutting down on the annual paperwork required from the grantees, and preventing reviewer burnout.

Motion: To transition all renewed Caring Community grants to 2 year grants.

By: Director Griffin

Seconded by: Director Faro

Vote: Ayes -- Faro, Griffin, Martinez, Shefren

Nos --

Abstain --

Absent -- Nayfack

Motion Passed: 4-0-0-1

4.h. Director Requests for Future Agenda Items per Board Policy 8.3

President Shefren asked if any Director had an agenda item request. Director Griffin would like the District to consider exempting low income homeowners from the District tax. Mr. Hudak will research how and if it can be accomplished, and present at a future Board meeting.

5. CEO/Staff Reports

The Dental Society has indicated that they may be vacating the office space in mid-January. The District is currently considering requests for the space from multiple non-profits. Director Shefren would like the District to develop a long term strategy for how to best utilize the space.

We would like to hold a Board and Staff Strategic Planning study session sometime in mid-February. CEO Kurtzman will poll Board and staff members for available dates.

The District is sponsoring monthly Town Halls on The Parent Venture platform. The next Town Hall is about Fire Safety around the home and scheduled for December 14th. The January meeting will discuss and solicit input regarding Redistricting. The February meeting will discuss heart health. Director Faro would like staff to explore the idea of advertising in local newspapers to gain a greater audience.

The annual report has been delivered to households and is generating lots of positive feedback.

Ms. Bratton is scheduling grantee site visits and will send out a Google doc signup sheet to Board members.

The Board of Supervisors approved the refund of capital the District invested in the Children's Health Initiative (CHI) and will be refunding the District around \$1M.

The District has received \$2M from the Sequoia Hospital settlement.

Strategic Planning has a mid-February date.

Dr. Li is on medical leave and will present at the February Board meeting. Director Shefren would like a robust report on regarding the Wellness Coordinator vacancies.

Ms. Garcia presented analytics on the Sequoia Strong website and noted that there has been an increase in new visitors to the website and an increase in younger visitors. She is continuing to promote the District on social media and the website, and gave a demonstration of the Spanish version of the District website.

6. Adjourn

Motion: To adjourn the meeting at 6:49 PM.

By: Director Faro

Seconded by: Director Griffin

All in favor

Motion Passed

The next regular meeting of the Board of Directors of Sequoia Healthcare District is scheduled for 4:30 PM, Wednesday, February 2, 2022, District Conference Room, 525 Veterans Blvd., Redwood City, CA.

Respectfully Submitted,

Aaron Nayfack, M.D.,
Secretary

**MINUTES OF REDISTRICTING MEETING
BOARD OF DIRECTORS
SEQUOIA HEALTHCARE DISTRICT
January 7, 2022
Conference Room, 525 Veterans Boulevard
Redwood City, CA 94063**

<u>Directors Present via teleconference</u>	<u>Directors Excused</u>	<u>Also Present via teleconference</u>
Director Faro Director Griffin Director Shefren	Director Martinez Director Nayfack	Ms. Kurtzman, CEO Ms. Stamper, Recorder

Due to Covid-19 Pandemic precautions, this meeting was held via Zoom teleconference

1. Call to Order

President Shefren called the meeting to order at 9:01 AM. Roll call was taken and a quorum was present.

2. Public Comment/Non-Agenda Items

President Shefren asked if there was public comment on non-agenda items. There was none.

3.a. Approve Resolution 2022-01 To Authorize Remote Teleconferencing Meetings Of The Sequoia Healthcare District Legislative Bodies For The Period January 7-February 7, 2022.

President Shefren asked if there was public comment on this agenda item. There was none.

Motion: To approve resolution 2022-01 - to authorize remote teleconferencing meetings of the Sequoia Healthcare District Legislative Bodies for the period of January 7-February 7, 2022.

By: Director Shefren

Seconded by: Director Faro

Vote: Ayes - Faro, Griffin, Shefren

Nos --

Abstain --

Absent - Nayfack, Martinez

Motion Passed: 3-0-0-2

4. Update and Discussion of Redistricting Maps

President Shefren asked if there was public comment on this agenda item. There was none.

The 2020 census data shows a 13.4% deviation in population between current zones which requires the District to redraw the zone boundaries. Ms. Bratton presented drafts of multiple zone maps created by Paul Mitchell, a demographer. Board members and staff agreed that the 3 goals of the redistricting process are: 1) comply to new redistricting laws, 2) aim to have the zones as even in population as possible, and 3) to increase the voting power of any disenfranchised groups. Additional comment from the public regarding zone boundaries will be solicited at a future Board meeting.

5. Update and Discussion of Sequoia Strong Program and Website

President Shefren asked if there was public comment on this agenda item. There was none.

Ms. Garcia presented drafts of marketing materials and received feedback from Board members for edits.

6. Adjourn

Motion: At 10:06 AM adjourn meeting.

By: Director Shefren

Seconded by: Director Faro

All in favor

Motion Passed

The next meeting of the Board of Directors of Sequoia Healthcare District is scheduled for 4:30 PM, Wednesday, February 2, 2022, District Conference Room, 525 Veterans Blvd., Redwood City, CA.

Respectfully Submitted,

Aaron Nayfack
Secretary

2:12 PM
01/25/22
Accrual Basis

**Sequoia Healthcare District
Balance Sheet - by Month
As of December 31, 2021**

	Jul 31, 21	Aug 31, 21	Sep 30, 21	Oct 31, 21	Nov 30, 21	Dec 31, 21
ASSETS						
Current Assets						
Checking/Savings						
10150-0 · Cash (WF-MMA)	4,559,798.26	4,559,836.99	4,559,874.46	4,559,913.19	4,559,950.67	4,559,989.40
10200-0 · Cash (WF)	4,613,942.43	4,061,223.70	2,573,490.90	2,508,640.35	4,727,171.57	12,794,896.39
10250-0 · Cash from Investments	314,916.70	314,916.70	314,916.70	314,916.70	314,916.70	314,916.70
10300-5 · Cash Equivalents	11,106,989.18	11,106,432.18	11,098,049.18	11,067,954.18	11,075,083.78	11,071,414.78
10350-0 · Schwab Operating Funds Acct#739	10,417,881.01	10,418,460.01	10,413,429.01	10,393,485.01	10,396,788.01	10,394,779.01
Total Checking/Savings	31,013,527.58	30,460,869.58	28,959,760.25	28,844,909.43	31,073,910.73	39,135,996.28
Other Current Assets						
10400-0 · Pension Assets-Vanguard	62,291,104.00	62,291,104.00	62,291,104.00	62,291,104.00	62,291,104.00	62,291,104.00
10500-9 · Pension Contribution Rcvble	24,378,931.00	24,378,931.00	24,378,931.00	24,378,931.00	24,378,931.00	24,378,931.00
10502-0 · Prepaid Grants	500,000.00	500,000.00	500,000.00	500,000.00	500,000.00	500,000.00
Total Other Current Assets	87,170,035.00	87,170,035.00	87,170,035.00	87,170,035.00	87,170,035.00	87,170,035.00
Total Current Assets	118,183,562.58	117,630,904.58	116,129,795.25	116,014,944.43	118,243,945.73	126,306,031.28
Fixed Assets						
12100-6 · Land	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00	138,927.00
12200-6 · Land Improvements	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05	144,158.05
12300-1 · Improvements-Classroom	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44	83,410.44
12300-6 · Buildings	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30	1,249,382.30
12300-8 · Building Improvements	547,329.57	547,329.57	547,329.57	547,329.57	547,329.57	547,329.57
12300-9 · Tenant Improvements	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29	215,113.29
12400-6 · Equipment	76,222.26	76,222.26	76,222.26	76,222.26	76,222.26	76,222.26
12400-7 · Furniture	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91	28,259.91
12500-6 · Accumulated Depreciation	-2,123,165.51	-2,127,040.34	-2,130,915.17	-2,134,790.00	-2,138,664.83	-2,142,539.66
Total Fixed Assets	359,637.31	355,762.48	351,887.65	348,012.82	344,137.99	340,263.16
TOTAL ASSETS	118,543,199.89	117,986,667.06	116,481,682.90	116,362,957.25	118,588,083.72	126,646,294.44
LIABILITIES & EQUITY						
Liabilities						
Current Liabilities						
Accounts Payable						
20000 · Accounts Payable	62,102.35	964.16	1,881.04	2,876.72	153.50	0.00
Total Accounts Payable	62,102.35	964.16	1,881.04	2,876.72	153.50	0.00
Other Current Liabilities						
20001-0 · Deposit Payable	3,565.00	3,565.00	3,565.00	3,565.00	3,565.00	3,565.00

2:12 PM
01/25/22
Accrual Basis

Sequoia Healthcare District
Balance Sheet - by Month
As of December 31, 2021

	Jul 31, 21	Aug 31, 21	Sep 30, 21	Oct 31, 21	Nov 30, 21	Dec 31, 21
20100-0 · Grants Payable	1,953,999.89	1,953,999.89	1,953,999.89	1,961,499.89	1,961,499.89	1,961,499.89
20200-0 · HSI Grants Payable	1,827,046.71	1,453,970.21	103,056.90	103,056.90	103,056.90	103,056.90
21900 · PPT Pension Payment PassThru	550.00	550.00	0.00	0.00	0.00	0.00
Total Other Current Liabilities	3,785,161.60	3,412,085.10	2,060,621.79	2,068,121.79	2,068,121.79	2,068,121.79
Total Current Liabilities	3,847,263.95	3,413,049.26	2,062,502.83	2,070,998.51	2,068,275.29	2,068,121.79
Long Term Liabilities						
22000-1 · Pension Contribution Payable	22,485,573.00	22,485,573.00	22,485,573.00	22,485,573.00	22,485,573.00	22,485,573.00
25000-0 · Deferred inflows from pension	1,893,358.00	1,893,358.00	1,893,358.00	1,893,358.00	1,893,358.00	1,893,358.00
Total Long Term Liabilities	24,378,931.00	24,378,931.00	24,378,931.00	24,378,931.00	24,378,931.00	24,378,931.00
Total Liabilities	28,226,194.95	27,791,980.26	26,441,433.83	26,449,929.51	26,447,206.29	26,447,052.79
Equity						
32000 · Retained Earnings	29,870,258.94	29,870,258.94	29,870,258.94	29,870,258.94	29,870,258.94	29,870,258.94
39004-1 · Invested in Capital Assets	516,195.00	516,195.00	516,195.00	516,195.00	516,195.00	516,195.00
39004-3 · Fiduciary Fund Balance	61,011,405.00	61,011,405.00	61,011,405.00	61,011,405.00	61,011,405.00	61,011,405.00
Net Income	-1,080,854.00	-1,203,172.14	-1,357,609.87	-1,484,831.20	743,018.49	8,801,382.71
Total Equity	90,317,004.94	90,194,686.80	90,040,249.07	89,913,027.74	92,140,877.43	100,199,241.65
TOTAL LIABILITIES & EQUITY	<u>118,543,199.89</u>	<u>117,986,667.06</u>	<u>116,481,682.90</u>	<u>116,362,957.25</u>	<u>118,588,083.72</u>	<u>126,646,294.44</u>

2:11 PM
01/25/22
Accrual Basis

**Sequoia Healthcare District
Profit & Loss - by Month
July through December 2021**

	Jul 21	Aug 21	Sep 21	Oct 21	Nov 21	Dec 21	TOTAL
Income							
40300 · Rental Income	3,200.00	3,200.00	3,200.00	3,200.00	3,200.00	3,200.00	19,200.00
40400 · Tax Revenue	22,639.46	0.00	6,990.02	498,897.79	716,318.26	6,684,422.16	7,929,267.69
40500 · Investment Income	49,557.00	22.00	-13,414.00	-50,039.00	10,432.60	-5,678.00	-9,119.40
40600 · Interest Income	100.13	78.74	71.54	67.87	64.77	120.10	503.15
40800 · 2021 Dignity Settlement Agrmt	0.00	0.00	0.00	0.00	2,000,000.00	0.00	2,000,000.00
40850 · 2021 Calif. Covid-19 Relief	0.00	0.00	0.00	0.00	0.00	678,202.00	678,202.00
40900-0 · Pension Income	0.00	0.00	0.00	0.00	0.00	1,500,000.00	1,500,000.00
Total Income	75,496.59	3,300.74	-3,152.44	452,126.66	2,730,015.63	8,860,266.26	12,118,053.44
Gross Profit	75,496.59	3,300.74	-3,152.44	452,126.66	2,730,015.63	8,860,266.26	12,118,053.44
Expense							
60100-1 · Admin. Expense	311.84	2,866.15	3,949.72	10,853.92	4,020.73	4,833.31	26,835.67
60101-1 · Administration Payroll	29,767.55	20,195.65	19,277.54	30,378.83	26,634.34	31,980.52	158,234.43
60300-1 · Board Health Insurance	1,871.68	1,871.68	1,871.68	306.64	1,871.68	1,871.68	9,665.04
60300-2 · Employee Health Insurance	6,168.98	6,168.98	6,168.98	3,721.58	6,175.48	6,175.48	34,579.48
60350 · Employee Retirement Benefit	1,625.62	1,664.75	869.44	3,758.88	1,999.19	1,373.35	11,291.23
60400-1 · Investment Fees	0.00	0.00	0.00	7,608.17	0.00	0.00	7,608.17
60500-1 · Office Supplies/Equip Maint	402.54	237.02	204.45	145.15	885.75	163.41	2,038.32
60610-1 · Accounting fees	0.00	0.00	0.00	0.00	0.00	2,516.00	2,516.00
60700-1 · Board Expense	925.00	1,193.15	430.80	0.00	-1,193.15	0.00	1,355.80
60700-2 · Association/Membership Dues	0.00	0.00	34,361.00	300.00	0.00	0.00	34,661.00
60725-1 · Communications	0.00	0.00	0.00	750.00	44,156.48	2,000.00	46,906.48
60750-1 · Public Relations	0.00	0.00	513.98	500.00	225.00	0.00	1,238.98
60750-2 · Web Site/IT	2,711.53	2,911.53	2,911.53	7,640.94	3,372.78	7,932.91	27,481.22
60775-1 · Pension Plan	0.00	0.00	0.00	0.00	0.00	1,500,000.00	1,500,000.00
60800-1 · Insurance	36,573.00	0.00	0.00	-864.50	0.00	-101.00	35,607.50
60806-1 · LAFCO fees	13,712.00	0.00	0.00	0.00	0.00	0.00	13,712.00
60810-1 · Legal Fees	0.00	18,592.93	25,123.50	48,731.90	25,846.41	21,292.17	139,586.91
60815-1 · Bank Fees	0.00	0.00	0.00	0.00	0.00	45.00	45.00
65200-1 · Maintenance	386.00	1,261.00	1,739.00	8,096.40	1,275.00	9,173.23	21,930.63
65400-1 · Utilities	1,684.48	2,156.21	2,666.71	2,132.42	1,479.22	10,578.38	20,697.42
65450-1 · Property Insurance	3,827.23	0.00	0.00	0.00	0.00	0.00	3,827.23
65500-1 · Depreciation Expense	3,874.83	3,874.83	3,874.83	3,874.83	3,874.83	3,874.83	23,248.98
70200-1 · Grant Admin Expenses	0.00	1,757.07	75.00	0.00	26,363.00	0.00	28,195.07
70201-1 · Grant Admin Payroll	14,086.97	11,994.92	11,315.13	18,429.43	11,925.57	16,216.39	83,968.41
70250-1 · Children's Health Initiative	0.00	0.00	0.00	0.00	0.00	-1,004,400.00	-1,004,400.00
70350-1 · Samaritan House	0.00	0.00	0.00	384,887.50	0.00	0.00	384,887.50
70400-1 · Other Grants	0.00	0.00	0.00	0.00	1,200.00	5,000.00	6,200.00
70550-1 · San Mateo Medical Center	160,000.00	0.00	0.00	0.00	0.00	0.00	160,000.00
70560-1 · Ravenswood Family Health Center	500,000.00	0.00	0.00	0.00	0.00	0.00	500,000.00

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 01/25/22
 Accrual Basis

Sequoia Healthcare District
Profit & Loss - by Month
 July through December 2021

	<u>Jul 21</u>	<u>Aug 21</u>	<u>Sep 21</u>	<u>Oct 21</u>	<u>Nov 21</u>	<u>Dec 21</u>	<u>TOTAL</u>
70566-1 · Pen Volunteers LYFT program	0.00	16,694.45	2,858.31	3,058.78	3,233.27	2,419.30	28,264.11
70567-1 · BGCP Psychotherapist	46,585.00	0.00	0.00	0.00	0.00	0.00	46,585.00
70568-1 · Sonrisas	0.00	0.00	0.00	0.00	60,000.00	0.00	60,000.00
70594-0 · Future Impact Funds	0.00	0.00	0.00	0.00	0.00	50,000.00	50,000.00
70595-0 · Covid-19 Emergency Funds	196.02	12,120.00	120.00	10,120.00	25,119.00	120.00	47,795.02
70700-1 · HeartSafe Program	3,861.25	701.25	1,022.50	357.00	404.58	673.41	7,019.99
70702-1 · HeartSafe Training & Equipment	39,130.00	230.79	0.00	0.00	59.90	0.00	39,420.69
70800-1 · School Health Expense	22,500.00	0.00	0.00	5,619.99	761.67	4,889.86	33,771.52
70801-1 · School Health Payroll	12,605.68	12,713.14	12,458.18	19,324.68	20,398.50	18,757.82	96,258.00
70802-1 · School Health Grants	247,000.00	0.00	13,355.00	0.00	225,703.33	96,965.01	583,023.34
70900 · Sequoia Strong program	250.00	119.99	0.00	0.00	79.99	5.32	455.30
70901 · Sequoia Strong Payroll	6,293.39	6,293.39	6,118.01	9,615.45	6,293.39	7,545.66	42,159.29
Total Expense	<u>1,156,350.59</u>	<u>125,618.88</u>	<u>151,285.29</u>	<u>579,347.99</u>	<u>502,165.94</u>	<u>801,902.04</u>	<u>3,316,670.73</u>
Net Income	<u>-1,080,854.00</u>	<u>-122,318.14</u>	<u>-154,437.73</u>	<u>-127,221.33</u>	<u>2,227,849.69</u>	<u>8,058,364.22</u>	<u>8,801,382.71</u>

**Month to Month Budget
November - December 2021**

Income	November Budget	November Actual	December Budget	December Actual	6 Month	6 Month	12 Month
					(July - December) Total Budget	(July - December) Total Actual	(July - June) Total Budget
Rental Income	3,200.00	3,200.00	3,200.00	3,200.00	19,200.00	19,200.00	35,800.00
Tax Revenue	700,000.00	716,318.26	6,400,000.00	6,684,422.16	7,740,000.00	7,929,267.69	14,000,000.00
Investment Income	15,000.00	10,432.60	15,000.00	(5,678.00)	90,000.00	(9,119.40)	180,000.00
Interest Income	250.00	64.77	250.00	120.10	1,500.00	503.15	3,000.00
Pension Income	0.00	0.00	0.00	1,500,000.00	1,500,000.00	1,500,000.00	1,500,000.00
2021 Dignity Settlement Agrmt	0.00	2,000,000.00	0.00	0.00	0.00	2,000,000.00	0.00
2021 Calif. Covid-19 Relief	0.00	0.00	0.00	678,202.00	0.00	678,202.00	0.00
Total Income	718,450.00	2,730,015.63	6,418,450.00	8,860,266.26	9,350,700.00	12,118,053.44	15,718,800.00
Expenses							
Admin. Expense	2,000.00	4,020.73	3,000.00	4,833.31	15,000.00	26,835.67	28,000.00
Admin. Payroll	20,000.00	26,634.34	20,000.00	31,980.52	130,000.00	158,234.43	270,000.00
Board Health Insurance	1,700.00	1,871.68	1,700.00	1,871.68	10,200.00	9,665.04	20,000.00
Employee Health Insurance	8,000.00	6,175.48	8,000.00	6,175.48	50,000.00	34,579.48	100,000.00
Employee Retirement Benefit	2,000.00	1,999.19	2,000.00	1,373.35	12,500.00	11,291.23	25,000.00
Investment Fees	0.00	0.00	0.00	0.00	7,500.00	7,608.17	30,000.00
Office Supplies/Equip Maint	900.00	885.75	900.00	163.41	5,500.00	2,038.32	11,000.00
Purchased Services	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Accounting fees	17,000.00	0.00	0.00	2,516.00	17,000.00	2,516.00	40,000.00
Board Expense	1,000.00	(1,193.15)	1,000.00	0.00	8,000.00	1,355.80	15,000.00
Associations/Membership	0.00	0.00	6,500.00	0.00	41,000.00	34,661.00	41,000.00
Communications	1,000.00	44,156.48	1,000.00	2,000.00	32,000.00	46,906.48	38,000.00
Public Relations	200.00	225.00	200.00	0.00	1,100.00	1,238.98	2,000.00
Web Site/IT	4,000.00	3,372.78	4,000.00	7,932.91	30,000.00	27,481.22	52,000.00
Pension Plan Expense	0.00	0.00	0.00	1,500,000.00	1,500,000.00	1,500,000.00	1,500,000.00
Insurance/D&O/Liability/WC	0.00	0.00	0.00	(101.00)	34,750.00	35,607.50	33,000.00
Election fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00
LAFCO fees	0.00	0.00	0.00	0.00	12,100.00	13,712.00	12,100.00
Legal Fees	20,000.00	25,846.41	20,000.00	21,292.17	120,000.00	139,586.91	240,000.00
Bank Fees	30.00	0.00	30.00	45.00	60.00	45.00	100.00
Maintenance	3,000.00	1,275.00	2,000.00	9,173.23	16,000.00	21,930.63	32,000.00
Utilities	2,000.00	1,479.22	2,000.00	10,578.38	13,000.00	20,697.42	25,000.00
Property Insurance	0.00	0.00	0.00	0.00	2,650.00	3,827.23	2,650.00
Depreciation	3,916.00	3,874.83	3,916.00	3,874.83	23,500.00	23,248.98	47,000.00
Grant Admin Expenses	25,000.00	26,363.00	300.00	0.00	27,600.00	28,195.07	30,000.00
Grant Admin Payroll	11,000.00	11,925.57	11,000.00	16,216.39	72,000.00	83,968.41	140,000.00
Children's Health Initiative	0.00	0.00	0.00	(1,004,400.00)	0.00	(1,004,400.00)	0.00
Samaritan House Grant	0.00	0.00	0.00	0.00	300,000.00	384,887.50	1,200,000.00
Other Grants	0.00	1,200.00	0.00	5,000.00	0.00	6,200.00	0.00
San Mateo Medical Ctr. Dental Cli	0.00	0.00	0.00	0.00	160,000.00	160,000.00	160,000.00
Ravenswood Family Health Ctr	0.00	0.00	0.00	0.00	500,000.00	500,000.00	1,000,000.00
LifeMoves LVN	0.00	0.00	0.00	0.00	0.00	0.00	105,166.00
Pen Volunteers LYFT program	6,000.00	3,233.27	6,000.00	2,419.30	48,000.00	28,264.11	100,000.00
BGCP Psychotherapist	0.00	0.00	0.00	0.00	47,295.00	46,585.00	94,589.00
Sonrisas	0.00	60,000.00	0.00	0.00	60,000.00	60,000.00	240,000.00
First 5 SMC	0.00	0.00	0.00	0.00	0.00	0.00	396,840.00
Future Impact Funds	0.00	0.00	0.00	50,000.00	0.00	50,000.00	0.00
Covid-19 Emergency Funds	100,000.00	25,119.00	75,000.00	120.00	500,000.00	47,795.02	1,000,000.00
Community Grants Program	0.00	0.00	0.00	0.00	1,491,000.00	0.00	3,750,000.00
HeartSafe Program	2,000.00	464.48	1,500.00	673.41	65,500.00	46,440.68	75,000.00
School Health Program	192,000.00	246,863.50	142,000.00	120,612.69	1,562,995.00	713,052.86	4,770,355.00
Sequoia Strong Program	12,050.00	6,373.38	12,050.00	7,550.98	72,700.00	42,614.59	145,000.00
Total Expenses	434,796.00	502,165.94	324,096.00	801,902.04	6,988,950.00	3,316,670.73	15,770,800.00
Net	283,654.00	2,227,849.69	6,094,354.00	8,058,364.22	2,361,750.00	8,801,382.71	(52,000.00)

Agenda Item No. 4a
Board of Directors Meeting
January 7, 2022

Cover page for Agenda Item 4a – Resolution 2022-02 To Authorize Remote
Teleconferencing Meetings Of The Sequoia Healthcare District Legislative Bodies
For The Period February 2-March 2, 2022

RESOLUTION NO. 2022-02

A RESOLUTION OF THE BOARD OF DIRECTORS OF THE SEQUOIA HEALTHCARE DISTRICT RECOGNIZING THE EXISTENCE OF A STATE OF EMERGENCY AND AUTHORIZING REMOTE TELECONFERENCE MEETINGS OF THE LEGISLATIVE BODIES OF SEQUOIA HEALTHCARE DISTRICT FOR THE PERIOD FEBRUARY 2, 2022-MARCH 2, 2022 PURSUANT TO BROWN ACT PROVISIONS.

WHEREAS, the Sequoia Healthcare District is committed to preserving and nurturing public access and participation in meetings of the Board of Directors; and

WHEREAS, all meetings of Sequoia Healthcare District's legislative bodies are open and public, as required by the Ralph M. Brown Act (Cal. Gov. Code 54950 – 54963), so that any member of the public may attend, participate, and watch the District's legislative bodies conduct their business; and

WHEREAS, Government Code section 54953(e), as provided in AB 361 and made effective on September 17, 2021, makes provisions for remote teleconferencing participation in meetings by members of a legislative body, without compliance with the requirements of Government Code section 54953(b)(3), subject to the existence of certain conditions; and

WHEREAS, a required condition is that a state of emergency is declared by the Governor pursuant to Government Code section 8625, proclaiming the existence of conditions of disaster or of extreme peril to the safety of persons and property within the state caused by conditions as described in Government Code section 8558; and

WHEREAS, it is further required that state or local officials have imposed or recommended measures to promote social distancing, or that the legislative body meeting in person would present imminent risks to the health and safety of attendees; and

WHEREAS, such conditions now exist in the District, specifically, that the Governor of California has declared a state of emergency due to the imminent dangers of COVID-19; and the San Mateo County Health Officer has imposed measures for masking and social distancing in order to prevent the spread of COVID-19, including Order C19-12 issued on August 2, 2021; and

WHEREAS, on January 7, 2022, the Board of Directors adopted Resolution 2022-01 on the use of remote teleconferencing for a period of 30 days; and

WHEREAS, the conditions existing within the District justify the continued use of remote teleconferencing for Board meetings;

NOW, THEREFORE, THE BOARD OF DIRECTORS OF SEQUOIA HEALTHCARE DISTRICT DOES HEREBY FIND AND RESOLVE:

Section 1. Recitals. The Recitals set forth above are true and correct.

Section 2. Findings of State of Emergency. The Board finds and declares:

A. A state emergency has been proclaimed by the Governor of the State of California and now exists throughout the District, and

B. State officials and local officials, including the San Mateo County Health Officer, have imposed and/or recommended that measures be taken to promote social distancing and to require that masks be worn indoors regardless of vaccination status; and

C. As a result of the emergency, meeting in person would present imminent risks to the health and safety of members of the public and District staff.

Section 3. Remote Teleconference Meetings. As a consequence of the local emergency, the Board of Directors does hereby determine that the legislative bodies of Sequoia Healthcare District shall conduct their meetings without compliance with paragraph (3) of subdivision (b) of Government Code section 54953, as authorized by subdivision (e) of section 54953, and that such legislative bodies shall comply with the requirements to provide the public with access to the meetings as prescribed in paragraph (2) of subdivision (e) of section 54953.

Chief Executive Officer is hereby authorized and directed to take all actions necessary to carry out the intent and purpose of this Resolution including, conducting open and public meetings in accordance with Government Code section 54953(e) and other applicable provisions of the Brown Act, including noticing and provisions for public participation and public comment.

Section 4. Effective Date of Resolution. This Resolution shall take effect immediately upon its adoption and shall be effective for 30 days from the date of adoption or until such time as the Board of Directors adopts a subsequent resolution in accordance with Government Code section 54953(e)(3) to extend the time during which the legislative bodies of Sequoia Healthcare District may continue to teleconference without compliance with paragraph (3) of subdivision (b) of section 54953.

PASSED AND ADOPTED by the Board of Directors of Sequoia Healthcare District, this 2nd day of February 2022, by the following vote:

AYES:

NOES:

ABSENT:

ABSTAIN:

Gerald Shefren, MD
President, Board of Directors
SEQUOIA HEALTHCARE DISTRICT

Attest:

Aaron Nayfack, MD
Secretary of Said Board

Agenda Item No. 4b
Board of Directors Meeting
January 7, 2022

Cover page for Agenda Item 4b – Annual State of the District

State of the District February 2022

Pamela Kurtzman

Introduction

Our last formally adopted strategic plan established 9 key strategic goals, or "Guiding Principles", that set the policies and priorities for the District for the timeframe of July 1, 2017 to June 30, 2020. Initial steps to develop the next strategic plan, occurred in February 2020, just before the pandemic. The District Board decided to postpone the development and formal adoption of the next consecutive plan that would assume business as usual, and instead develop a Covid-19 response plan that allowed maximum flexibility in our giving, allowing us to respond to needs as they emerged.

At the time, we didn't know that it wasn't only a pandemic we were dealing with---the pandemic daylighted and exacerbated economic and social inequities and widened political divisions. Then there were the natural disasters, including massive raging wildfires, throughout the west, a racial awakening across the country and a significant change in our country's leadership. We had not experienced anything like this in the history of the District. It was a year to remember...or to forget, if one chooses.

Of course, we chose not to forget, but rather, to view these challenges as opportunities and to approach them with fierce urgency. In order to do so, the District has had to remain flexible as events changed and keep our minds open to new approaches and ideas. This has included new kinds of partnerships and new ways of thinking, even funding needs that we have not traditionally funded. Our investment decisions were made, and outcomes measured, against our strategic goals- or guiding principles- as those remained constant and consistent to our mission. Planning, setting priorities and making decisions also based on data and educated assumptions, helped ensure that our actions are progressively advancing our community toward recovery outcomes as we looked to grow, expand, and evolve our efforts this past year and in the months and years ahead.

This State of the District report will chronicle the activities undertaken over the past twelve months that demonstrate how our guiding principles have shaped our actions during a most uncertain and challenging time in our District's history. It will also spell out several next step considerations for 2022

Guiding Principle: Assure the prudent oversight and management of District assets. I would call this a core operating principle. In 2021 and now the District has been well-positioned to respond to the pandemic, support our community's most urgent needs, and remain financially solid.

- I remain diligent in the management of District assets. Board receives a copy of our monthly check register and financial statements are provided to Board for approval at each regular Board meeting.
- Our tax revenue has been steadily increasing even during the past two years of the pandemic. It is budgeted at \$14M, and I expect to pass that up by \$500k-\$1M by June. Budget is available for public view on website.
- The pension portfolio is performing exceptionally well with an average investment return of 20% this past year, resulting in a reduction of our unfunded liability from \$20M two years ago to \$9M currently. The plan's actuary provides a full report to the Board in May of each year.
- The District's investment income has unfortunately seen a decrease in gains this past year. The uncertainty and turbulence of the markets combined with our very conservative investment strategies, minimize risk, but limit yield.
- Additional income included \$2,000,000 Dignity settlement funds and a \$678,202 California Covid Relief Grant, and we received a refund of \$1,004,400 from Children's Health Initiative.

Next steps for 2022:

- Continue to invest in current programs and/or develop new ones—we are committed to re-investing all net revenue in our community.

Guiding Principles 2, 3, and 4 relate to the quality and breadth of our funding approaches.

These are:

1. Support the best health programs that serve all our residents and assure that grantees are selected solely on expected health outcomes.
2. Serve all segments of our community, all age groups, all income groups and geographic areas within the District with special attention given to areas and populations where there is a demonstrated special need and to do so in a culturally sensitive manner.
3. Serve the health care needs of 60,000 or more residents per year while addressing the crucial health care needs that have been identified.

This past year we've met and exceeded all of these goals and we more explicitly reiterated our focus on diversity and inclusion. We also structured our funding priorities and philosophy to address the specific Covid-related concerns expressed by our community. As shown below, our investments were reflective of these intentions:

- The District has taken a lead role in assuring that cohesiveness and inclusion is a hallmark of our actions and the actions of those that we support.
- We have a very successful grants program that under Jenny Bratton's leadership, which has continued to evolve and become even more streamlined and efficient. Last year the Board recently approved an additional \$1M for our 2022-23 grants cycle for a total of

\$4.2M to assist with Covid recovery. We have a thorough process for vetting all grant applicants and maintain a robust grants committee that includes a new committee member with extensive knowledge of oral health.

- Provided over \$3M for pandemic response to help assure the viability of our non-profit safety-net providers to enable them to meet the exponential increase in demand for basic needs such as food and shelter. At this point we've distributed all the funds or moved them to the community grants program to increase available grant funds.
- We continue to help assure a medical home for all residents through our support of area medical clinics that provide medical, dental and behavioral health services. Last year as demand for services skyrocketed, we responded with additional funds to Samaritan House to increase dental service capacity and offer mental health services to their clients.
- Our school health program continues to be a vital community resource for our school districts and subsequently, our District parents, and students during the pandemic. Under Karen Li's leadership last year we were able to:
 - Increase funding for school counselors and introduced new technology to connect families with out of school counseling services
 - Coordinate and support PPE and sanitation needs as schools re-opened.
 - Fund the expansion and promotion of virtual mental health support services in schools and provided information on mental health resources available to students and families, resulting in hundreds of families receiving services
- We have significantly increased our support for mental health services in partnership with leading agencies including Star Vista, One Life Counseling, CORA, Boys and Girls Club, Samaritan House and our school-based non-profits to reach more of our most underserved communities. Our additional funding helped our partner organizations purchase the necessary technology needed to provide online mental health services during Covid and beyond

Next steps for 2022:

- Diversify Grants committee
- Support expansion of our Lyft transportation program to more isolated seniors and those with disabilities
- Support the Expansion of Peninsula Volunteer's Meals on Wheels
- Implement Emergency Preparedness Programs and reinstitute in-person CPR classes
- Consider revitalizing Healthy Living Program when safe to meet in person again. Do so through an equity lens and trauma-informed approach

Guiding Principle: Be a catalyst for bringing new programs and approaches in health care to our area that have been successful in other places.

The District has been a catalyst for several new programs over the years that are still continuing to provide significant community benefit, especially during the pandemic. A few examples of this include the Psychotherapist at BGCP Forrest Center, the Lyft Transportation Program, and the LVN at Maple Street Shelter. Our school program has been an incubator for several new initiatives including, most recently, “Care Solace” which connects students and families with mental health resources, a new partnership between Care Solace and “Kognito” a suicide prevention app, and “Early Alert” a text-based program with weekly check-ins and referrals to resources being piloted in Sequoia Union High School District:

Next steps for 2022:

- Explore innovative strategies to address critical workforce shortages among healthcare workers
- Explore innovative strategies to increase access to mental health services
- Develop plan to improve access to quality oral health services for all noninsured and under-insured community members

Guiding principle: Be a leader in bringing organizations together to support good ideas that benefit our residents and to participate in supporting County-wide efforts.

Staff have brought organizations together on multiple occasions to share ideas and seek solutions to a plethora of the most urgent community needs. In March 2020, I began engaging with county health officials to align efforts, share resources and learn best practices for community recovery. These collaborations have resulted in bringing important community benefits including:

- Hosted a forum for non-profits in March 2021 with THRIVE Center for Nonprofits and county health officials to increase vaccine communications related to equitable vaccine distribution
- Initiated a partnership with Peninsula Volunteers and Ability Path to expand the Lyft transportation program to clients with disabilities to combat isolation
- Collaborated with Dignity Health to provide food program grants during the holidays to 6 local agencies providing meals to their clients outside of their regular scope of service
- In partnership with RWC Together and Gardner Center, conducted surveys and interviews to solicit direct community feedback from most vulnerable communities and used this feedback to inform recovery planning efforts.
- Partnered with Dignity Health and San Mateo County Health to offer vaccine clinics in difficult to reach communities
- Sponsored the “Kid Zone” at San Mateo Event Center to provide a fun, welcoming environment for children getting vaccinated

Next Steps for 2022:

- Continue Meeting monthly with partners from County Health to explore alternative, collaborative solutions to address the significant increase in need for mental health services, senior care-including home health care, and access to oral health services

Guiding Principle: Communicate with District residents through a wide approach to communications including an active website, a social media presence, public presentations, and our annual newsletter mailing.

The District is modernizing our communication strategies and expanding our reach! For example, in 2022

- Generated 3 open letters to the community and published in newspapers, website, and on social media
- Conduct regular themed monthly Town Halls to educate residents on timely and relevant health and safety topics in both Spanish and English
- Hired Luz Garcia in August 2021 to resurrect the Sequoia Strong program and oversee District communications. Luz is modernizing our outreach strategies and increasing our social media presence significantly.
- Web and print materials are all provided in English and Spanish
- Staff produced best annual report to date (according to feedback)
- Enlisted Granicus to improve transparency of District activities and increase community access to agendas and meetings (via livestream). Staff currently in training phase. Expected to launch April 2022

Next steps for 2022

- More presentations to City Councils within our region
- Explore avenues for reaching wider audiences such as Next Door
- Host “Health Fair On The Square” event May 21, 2022

Conclusion

Often, we define success by whatever we've accomplished. Instead, I agree with Albert Einstein..." Strive not to be a success, but rather to be of value." How we define develop and sustain our value to the community, is how we measure our impact. Overall, programs are running efficiently and producing impactful outcomes. We have been a lifeline to many partners and community members.

- We have a dedicated, resilient, and talented staff to carry out our key objectives and a unified board to provide oversight and set direction.
- Robust grants program.

- The CEO retains strong financial oversight of District finances, expenses are kept minimal and tax revenue has been steadily increasing
- We are more visible in the community than we've ever been. We are a trusted partner of the county's and all our community partners. We have a growing social media influence
- We continue to help assure a medical home for all residents through our support of area clinics such as Samaritan House, Ravenswood, and Sonrisas that provide medical, dental, and behavioral health services.
- We continue to play a significant and vital partnership with our schools through our highly successful school initiative

We don't know exactly what lies ahead but the District is poised to handle it. We are a tremendous asset to our community and will continue to be in the years ahead. We are getting back to developing another 3-year strategic plan that is more aligned with the normal but prepared for whatever comes our way. In the meantime, we will keep our eye on the big picture of recovery efforts and invest in both short- and long-term solutions as outlined in our Covid Recovery Response Plan- and continuously revisit and refine the plan based on community's needs; eventually moving from response mode to recovery mode. It will take a while, but we will get there.

Cover page for Agenda Item 4c – Re-Districting Materials

Current proposed maps are not available at time of mailing and will be presented by Ms. Bratton at that meeting.

Agenda Item No. 4d
Board of Directors Meeting
January 7, 2022

Cover page for Agenda Item 4d – Resolution 2022-03 To Support Reopening
Michelson Therapy Pool

RESOLUTION NO. 2022-03

A RESOLUTION OF THE BOARD OF DIRECTORS OF THE SEQUOIA HEALTHCARE DISTRICT
IN SUPPORT OF REOPENING THE MACK E. MICKELSON ARTHRITIS AND REHABILITATION
CENTER THERAPY POOL LOCATED AT THE MILLS HEALTH CENTER IN SAN MATEO
CALIFORNIA

WHEREAS, the Mack E. Mickelson Therapy Pool (“Mickelson”) is an ADA-accessible warm water therapy pool located in San Mateo, California at Mills Health Center, which is operated by Sutter Health.

WHEREAS, Mickelson was constructed over 25 years ago using charitable contributions from residents of San Mateo County.

WHEREAS, for over 25 years, thousands of residents of San Mateo County who suffered, and many who continue to suffer, from health issues including permanent disabilities, debilitating injuries, autoimmune disorders, and mobility impairments, used Mickelson to rehabilitate those health issues and mitigate physical decline.

WHEREAS, both intervention and prevention are equally critical components of an equitable and effective healthcare system.

WHEREAS, Mickelson’s ability to provide both preventative and interventionist therapies to residents of San Mateo County suffering from health issues makes it an asset to the community at large and even more so to elderly residents and residents with mobility impairments.

WHEREAS, notwithstanding the COVID-19 pandemic, Sutter Health, its subsidiaries, and its employees receive significant financial benefits for providing healthcare services in San Mateo County from both public and private contracts.

WHEREAS, in January 2020, Sutter Health substantially decreased the hours during which Mickelson was accessible to community members who relied upon its availability to maintain their health.

WHEREAS, in March 2020, as a result of the COVID-19 pandemic, Sutter Health ceased operating Mickelson.

WHEREAS, in June 2021, Sutter Health publicly announced its intent to permanently close Mickelson.

WHEREAS, as a direct result of Sutter Health’s decision to close Mickelson, residents of San Mateo County who previously relied upon Mickelson to treat and prevent significant health issues are now suffering from acute and chronic physical pain and mental anguish which, in turn, decreases the independence of those residents and impacts their ability to live with dignity.

WHEREAS, over 4,300 patients, caregivers, and community members have signed a petition to reopen Mickelson in order to increase the health, independence, and dignity of those residents who rely upon it.

WHEREAS, there is also an apparent and growing need for Mickelson and the services it provides due to San Mateo County’s rapidly increasing number of elderly residents who are highly likely to suffer from the health issues noted above, among others.

WHEREAS, there are no comparable warm water therapy pools that can adequately accommodate the residents of San Mateo County who previously relied upon Mickelson.

WHEREAS, any temporary plan to route former Mickelson users to another warm water therapy pool will not benefit a significant number of former users with significant mobility impairments that limit those users' abilities to travel.

WHEREAS, there is currently no plan to construct an adequate and accessible replacement warm water therapy pool in San Mateo County, and any plan to do so would require significant financing as well as several years of design, planning, permitting, and construction.

WHEREAS, estimates provided by Sutter Health suggest that reopening Mickelson with any required repairs or upgrades would cost approximately \$250,000.00.

WHEREAS, warm water therapy pools in the region can and do operate profitably and safely under relevant COVID-19 regulations.

BE IT RESOLVED, that in light of the foregoing, promptly reopening the Mack E. Mickelson Arthritis and Rehabilitation Center therapy pool is the most prudent option to preserve and improve the health of residents in San Mateo County who now rely upon, or who will rely upon, warm water therapy to maintain their health, independence, and dignity.

PASSED AND ADOPTED by the Board of Directors of Sequoia Healthcare District, this 2nd day of February, 2022, by the following vote:

AYES:

NOES:

ABSENT:

ABSTAIN:

Gerald Shefren, MD
President, Board of Directors
SEQUOIA HEALTHCARE DISTRICT

Attest:

Aaron Nayfack, MD
Secretary of Said Board



525 Veterans Blvd.
Redwood City, CA 94063

650-421-2155 Phone
650-421-2159 Fax

www.seqhd.org

October 18, 2021

Janet Wagner
CEO Sutter Health Mills-Peninsula
1501 Trousdale Dr.
Burlingame, CA 94010

Dear Ms. Wagner,

I'm reaching out on behalf of the Board of Directors of Sequoia Healthcare District and our district residents who are desperately trying to prevent the permanent closure of the Mack E. Mickelson therapeutic pool. We strongly encourage Sutter Health Care executive leadership to keep open the Pool located at the Mills Health Center in San Mateo. After hearing heart wrenching testimony from pool users at our October 6th public Board meeting and reviewing the significant number of community members inside and outside of our Health Care District who depend on access to the Pool, it is clear this is a necessary and beneficial service to those who have debilitating health conditions.

Disabled individuals and senior citizens are the primary users of this vital resource in San Mateo County. Many of those we heard from had painful co-morbidities limiting their mobility and quality of life. All reported pain relief as well as gains in strength and mobility after using the pool. Most notable was the therapeutic benefits derived from those suffering from arthritis; a condition that effects many and will continue to strike more. We've seen that seniors and disabled persons have been disproportionately affected, physically and emotionally, by the pool's closure during the past year and a half, leading many to become debilitated—some even bedridden—losing their ability to walk or live independently, and hundreds of senior citizens' plans to age in place are fading away. Disabled children and adults alike, whose experiences of normal, active living are also losing hope for ever feeling well again since there are no other similar therapy pools with this degree of handicapped access in close proximity to them.

While Sequoia Health Care District recognizes that the Pool is not a revenue producer for Sutter, the entire Peninsula has consistently utilized Sutter facilities and providers contributing to the success of the Sutter Health Care System. Older adults aged 55 and over are the fastest-growing demographic group in San Mateo County and as the State of California advises in its Master Plan for Aging that we plan for increased services to meet this growing demographic group, clearly now is not the time to be eliminating services.

Our Health Care District believes it will only strengthen Sutter's presence in the community if they recognize the value of keeping the Pool open. On the contrary, closing the pool will certainly compromise, if not cause irreparable harm, to the reputation, trust, and relationships Sutter has worked to build over its many years serving the community.

Please do not hesitate to contact me with any questions regarding this consequential and urgent community issue.

Sincerely,

A handwritten signature in black ink, appearing to read 'P. Kurtzman', written in a cursive style.

Pamela Kurtzman
CEO, Sequoia Healthcare District
pkurtzman@seqhd.org

Cc:

Sequoia Healthcare District Board of Directors:
Kim Griffin, RN
Jerry Shefren, MD
Aaron Nayfack, MD
Art Faro
Ivan Martinez

Agenda Item No. 4e
Board of Directors Meeting
January 7, 2022

Cover page for Agenda Item 4e – Grant request from Boys and Girls Club of the Peninsula



Grant Proposal and Final Report to the Sequoia Healthcare District

Psychotherapist Services at BGCP's Redwood City High School Clubhouse

Summary

Boys & Girls Clubs of the Peninsula ("BGCP") is grateful for Sequoia Healthcare District's partnership in addressing the critical mental health needs of BGCP teen and postsecondary students. Your generous grant supports one full-time bilingual psychotherapist who provides services at BGCP's Redwood City High School Clubhouse ("the Forest") and is retained through our partnership with Acknowledge Alliance's Collaborative Community Counseling Program (CCP).

BGCP respectfully requests a two-year grant, \$93,170 per year, to continue to fund the costs of the full-time CCP Bilingual Psychotherapist who provides mental health services to students at the Forest High School Center in Redwood City.

Across all BGCP sites and programs, unmet mental health needs are consistently one of the biggest barriers to our students' school and life success. Our students demonstrate incredible resilience, but we know they face acute issues including self-harm, housing insecurity, poverty, bullying, substance abuse, self-medication, anxiety, anger, and fighting. Through our partnership with Sequoia Healthcare District, high school students at BGCP's Forest Clubhouse have access to interventions that help students overcome barriers to success in school and beyond.

Unfortunately, the mental health needs of our students only increased during the pandemic. With schools closed and shelter-in-place in effect, students' mental health needs have been greatly exacerbated. In addition to facing challenging living situations, economic and/or food insecurity and social isolation, our students also struggled with feelings of a sense of loss, depression, anxiety, isolation, and apathy. Over the past year, BGCP's therapist saw an increase in the number of students experiencing reactivation of past traumatic events and more clients requesting sessions twice a week.

During the 2020-2021 school year, 123 9th-12th grade members were active members (attending at least two days per week) of BGCP's Forest Clubhouse programs. Many of these students face challenges that put them at risk for negative postsecondary outcomes. In the low-

income neighborhoods served by BGCP, fewer than one in three students meet grade level proficiency in math and literacy, 57% are English Language Learners and 50% of our students' parents did not graduate from high school.

Our strategy of providing on-site behavioral health care services in a safe and familiar setting not only enables students to ask for and access therapy on their own without fear of stigma, but also addresses financial and transportation barriers. CCP's therapist, Daniela Velasquez, LMFT, works on-site during clubhouse hours (Monday through Friday from 3 p.m.- 8 p.m.), joins in clubhouse activities, eats dinner with students each night, and has a myriad of opportunities to observe, interact with, and form positive relationships with students. An open-door policy encouraged students to drop in whenever the therapist is not with a client and ensures all students had access to services.

2020-2021 Grant Report

Students Served and Demographics

From July 1, 2020 to June 30, 2021, Acknowledge Alliance provided formal counseling services to 69 students at Boys & Girls Clubs of the Peninsula. During this period, 91% of the services were provided virtually due to the social distance guidelines during the global COVID-19 pandemic. Overall, significant improvements in students' psychological, social, and school functioning were observed, despite challenges associated with the pandemic.

- The average age of the students was 18 and about three-quarters (74%) of the students were female.
- Most were Hispanic or Latinx (88%) and 77% of students lived in Redwood City while 9% lived in East Palo Alto and 9% live in Menlo Park.

BGCP's therapist provided a total of 2,510.25 hours of counseling to the 69 BGCP Redwood City students, including 1,274.25 hours of individual counseling, 17.25 hours of crisis intervention, 48.25 hours of client consultation, and 397.75 hours of staff consultation and professional development.

According to the service records, students from BGCP Redwood City were involved with mental health services for about 175 days (or 5.7 months), on average in this fiscal year. Out of 69 students, 25% received services for less than one month; 10% received services for 1-3 months; and about 46% received services for longer than 6 months. On average, students received a total of 30.7 hours of services, with 19 hours of individual counseling, 10.7 hours of case management, and 1 hour of other services.

During the pandemic distance learning, our therapist pivoted to serve students via video chat, phone, and text. Post-pandemic, she continues to offer virtual sessions for students who prefer this method (e.g. texting sessions can provide enhanced privacy and ease of access) in addition to in-person sessions. Last year, Daniela noted that a majority of her clients were exhibiting increased levels of depressive feelings/moods including low-motivation, lack of purpose, sleep disturbances, increased irritability, and lack of joy and pleasure in things that once brought

them joy. During these challenging times, Sequoia Healthcare District's support in addressing students' mental health needs has been more critical than ever.

The direct clinical hours that Daniela spends with her clients is only a piece of the work required to ensure that the students are receiving the highest standards of mental health care. A critical component of the mental health counseling is the collaborative outreach and interventions that our therapist engages in on behalf of each individual client. This includes, but is not limited to:

- Developing relationships with parents, BGCP staff, probation officers, educators, mental health professionals, etc., along with daily phone and in person discussions with these individuals and organizations,
- Following up on students who are missing counseling sessions and/or not showing up at the club,
- Writing and maintaining clinical notes,
- Clinical discussions with supervisors and colleagues to consult about complex issues related to the treatment of every client that is seen,
- Maintaining knowledge of outside resources to which clients and their families can be referred for higher levels of care and/or other necessary basic and life needs, and
- Consultations, meetings, and trainings with BGCP staff

Additionally, the Acknowledge Alliance clinician is responsible for a large amount of data collection in order to monitor the effectiveness of the counseling program and to report out to funders.

2020-2021 Program Outcomes

School Enrollment Status

The Collaborative Community Counseling Program aims for 75% of their students to be on track in education including enrolling in school, working toward graduation, and graduating from high school. Results from the 2020-2021 staff survey found that 98% of BGCP Redwood City clients were enrolled in school: 63% of BGCP Redwood City clients were attending college, 25% were attending high or middle school, and 10% graduated or had previously graduated from high school.

Psychological, Social and School Functioning

CCP measures progress made by each client using the Children's Global Assessment Functioning Scale (GAF). The Children's GAF is a 100-point scale used by mental health clinicians to measure psychological, social and school functioning for children ages 6-17. It was adapted from the Adult Global Assessment of Functioning Scale and is a valid and reliable tool for rating a child's general level of functioning on a health-illness continuum. CCP staff and interns determined GAF scores for clients who had been seen more than three times at the beginning and end of therapy.

The completion rate for the Children's GAF for clients from BGCP Redwood City was 98%

among the 52 clients who had been seen three or more times. The GAF score of the clients from BGCP Redwood City increased by 14.7 points from an average of 59.1 at intake to an average of 73.8 at exit. This infers that on average, clients demonstrated moderate symptoms in their emotions at intake and improved to mild and transient symptoms at exit.¹ ***The average GAF score for BGCP clients increased by +12.6% from 59.5 at pre to 67.0 at post. This increase was higher than the average increase for all CCP clients, which was +9.0%.***

Staff Survey Results

CCP asked staff to include comments or observations about client progress in counseling. Responses indicated that even during the limited time that the therapist saw clients at BGCP, significant progress had been made. A selection of responses is included below:

"I'll be terminating with this client in August after working with her and her family for four years! This is a wonderful case in demonstrating the importance of long term therapy. She is ready to end therapy and shared she is, "ready to spread her wings and fly on her own". - Therapist

"Therapy has been a lifeline for this client. During the pandemic her father was incarcerated for domestic violence. When he got out of jail, her mother and father reconciled, and she determined the best thing for her, and her mental health was to estrange herself from her family. I've supported her throughout this estrangement and have helped her process the trauma she endured her whole life. Her physical health and mental health have gotten so much better since separating herself from her family and consistently coming to therapy for support. She can now see a future without abuse and trauma and is working towards living the life she feels she deserved all along." - therapist

"Having that someone who is willing to listen and not judge has helped me a lot with accepting any type of feeling." – Student

"Counseling has taught me that I'm not alone, there are people who would like to listen to my story and be there to support me." – Student

¹ Across all CCP clients, GAF scores increased by 10.2 points from an average of 55.1 at intake to an average of 65.3 at exit. According to the GAF scale guidelines, a score between 51 and 60 indicates moderate symptoms in emotions and moderate difficulty in normal functioning. A score between 61 and 70 indicates some persistent mild symptoms and some persistent difficulty in normal functioning. On average, the CCP clients had moderate symptoms at intake, but their symptoms were improved to having some persistent but mild symptoms at the end of counseling.

Grant Proposal – 2021-2022, 2022-2023

BGCP's mental health program has grown significantly since Sequoia Healthcare District first partnered with BGCP to support our first on-site mental health services. In addition to Daniela's work at our Forest Clubhouse in Redwood City, BGCP students have access to one additional full-time and two part-time therapists across all our program sites. Continued funding from Sequoia Healthcare District will help BGCP meet the growing demand for mental health support and broaden both the depth and reach of our services.

Based on learnings from the past few years, BGCP is launching a comprehensive 3-Tier approach for the 2021-2022 school year. Tier 1: Support the mental health and social-emotional wellness of all students enrolled in BGCP programs by: infusing SEL into K-8 curriculum weekly; creating ongoing opportunities for staff to engage in their own SEL; fostering trauma-sensitive environments and continuing to integrate components of trauma-informed care into our programming; and providing caregiver workshops. Tier 2: Support students with moderate mental health needs including students with past trauma, adverse childhood experiences (ACEs), grief and loss, depression, or anxiety. Tier 3: Support students experiencing mental health crises (e.g., suicidal ideation, self-harm, and panic attacks) through intervention. All BGCP staff serving youth ages 12+ will complete a Youth Mental Health First Aid certification.

Just a few months into the 2021-2022 school year, BGCP's Forest Clubhouse therapist observes: "Students are looking for connection in ways I haven't seen before! I've never been busier." This fall, Daniela has had many returning clients, both high school and college. After coming out of shelter in place, one of Daniela's focus areas has been to connect students to staff members at the clubhouse who can support them creatively and academically. For example, one student who comes to the clubhouse every day is neurodivergent and struggles to read and write because of his dyslexia. After Daniela connected the student with BGCP's sound engineer in the clubhouse's tech program, the student has been writing and reading more than ever before. He has recorded two rap songs so far, and his confidence levels in himself and his reading and writing have increased!

In addition to individual therapy, Daniela supports two small groups. She is working with a small group of girls who focus on romantic relationships, as well as supporting a group of boys she calls her "gamer crew." The "gamer crew" connects every Friday to play Smash Brothers on the Nintendo Switch. It's something they all look forward to. While playing video games with them, Daniela learns so much about the students and has supported them through relationship challenges (friendship, romantic, & familial), school stress, and other struggles. etc.

Although Daniela's work is focused primarily on working with students, she plays a critical role in supporting BGCP staff. On a weekly basis, BGCP staff encounter student situations that require advice and services that are beyond the staff's level of expertise. Having a mental health expert on site helps staff navigate difficult situations while staying within the scope of their roles. while helping to connect the family to services to help them navigate the situation. Our families face issues in their personal lives that often overwhelm our staff and require more a specialized

skill set to address. By providing consultations and training, Daniela helps BGCP staff gain the skills and tools needed to prevent and manage crises and be more trauma-informed and responsive.

Continuity of care, where students can see the same therapist for many years, is crucial. Students develop a bond and sense of safety with their therapist, who helps them manage the complexities of past and outgoing trauma as they are developing socially, emotionally, and physically. Over the past four years, Daniela has built a strong mental health program that is an integral part of BGCP’s Redwood City Clubhouse.

Expenses

Item	Cost	SHD cost share	BGCP cost share	AA cost share
Annual Evaluation and Administration	\$11,797	\$0	\$0	\$11,797
Bi-lingual Psychotherapist, Clinical Supervision and Administrative Oversight	\$124,070	\$93,170	\$30,900	\$0
Total Project Expenses	\$135,867 per year (\$271,734 for two years)	\$93,170 per year	\$30,900 per year	\$11,707 per year

Conclusion

We are grateful for our partnerships with Sequoia Healthcare District and Acknowledge Alliance. With your continued support in 2021-2022 and 2022-2023, more students in our community will have opportunities to receive the mental health services needed to succeed in school and build bright futures.

Cover page for Agenda Item 5 – CEO and staff reports

- CEO report – Ms. Kurtzman
- School Health – Dr. Li
- Grants & Programs – Ms. Bratton
- Communications & Sequoia Strong – Ms. Garcia

Sequoia Healthcare District

CEO Report February 2022

Pamela Kurtzman

BUSINESS AND FINANCIAL UPDATE:

Financial Summary

- **Tax income-** Total tax income was just shy of \$8,000,000 at December's end. The 6-month budget is \$7,740,000 so our actuals are up a bit, as we expected at this time.
- **Other income** includes \$2,000,000 Dignity settlement funds and a \$678,202 California Covid Relief Grant. Additionally, we received the refund of \$1,004,400 from CHI that is shown as a credit under expenses on the month-month financials. These other funds have been deposited at the moment into our general checking account and will be moved temporarily to our Schwab investment account while we seek proposals or projects to invest in this year. We remain committed to invest all our net revenue (minus minimal \$5M reserves) back into our community.
- **Investment income-** At 6-months into our fiscal year, our investments continue to perform poorly relative to the past several years. Rather than meeting the \$90K mark we had budgeted for the first 2 quarters, we are negative about \$9k-- July and Aug had moderate gains of about \$50,000 for the combined months, but at October's end, we were down \$13k relative to our 4-month budget but gained \$10,432 in November. In December we were down another \$5,678. In total we've earned about \$220k less on our investments compared to this time last year. I believe this is due to our limited, conservative investment options however I'm planning to meet with our portfolio managers soon to discuss. **Total income** at December's end was \$12, 118,053. This is \$2,767,353 over budgeted for this point in time. This number does not include the CHI reimbursement.
- **Expenses-** at December's end expenses total just under \$3.36M which is close to \$2M below budget mainly due to the payment cycles of the community grants and the school program invoices. The \$3.36M also includes the CHI credit where without it, actual expenses at December's end were just over \$4M. Payroll and administrative expenses are higher than initially budgeted, as is legal, but these increased costs have been approved by the board. Utility costs were also significantly higher due to a billing error by the City of Redwood City.
- **Audit-** The completion of the audit has been delayed due to auditing firm, Eide Bailly, is short-staffed. The audit should be completed in March to be presented at our April Board meeting. This is the final year of the 3-year contract with Eide Bailly and the Board will need to decide on a new auditing firm or renew the contract.

BUILDING AND TENANTS

- The Dental Society has moved out. We are looking to provide the space to One Life Counseling Center <https://www.onelifecounselingcenter.com/> on a temporary basis of up to one year while we develop plans to potentially repurpose the building in the future. We will discount the rent considerably for them and they will be responsible for half of the utilities and cleaners. We are currently drafting the lease agreement and will send to Mark Hudak to review. We anticipate occupancy in early February.
- We are continuing to upgrade and repair our office building. Gutter repair and landscaping have been completed as well as sidewalk repair required by the City of Redwood City. The drainage is poor in the parking lot and when it rains the parking lot floods. Heidi is exploring the contractors and costs for this project. We are still within budget for building maintenance costs at this point.

COMMUNICATIONS

Town Halls

- Our Dec. 14th Town Hall titled, “Home Fire Safety During the Holidays” was moderately well attended with 46 participants (holidays are more challenging as you can imagine). We are now launching a theme-related monthly Town Hall series with our partner, Charlene Margot of The Parent Venture, around current events or issues of significant community interest. Our next Town Hall in February will be focused on heart health. Please visit our website for a list of additional dates and topics in 2022.
- Luz will provide a summary of her communications activities in her separate staff report

STRATEGIC PLANNING

- Staff and I have been engaged in some strategic planning and developed 5 draft strategic goals, rather than the current 9. We met with RWC Together ED, Rafael Avendano, and his team in December to assist in the process. I’ve done the bulk of the initial exploration which so far has included a few interviews with health officials and community partners along with data gathering and review. I have several additional people to interview in February and March including diverse members of our community and local officials. In the meantime, I look forward to our Board retreat on Feb 10 from 9a-1p where Rafael and his team from RWC Together will facilitate. A retreat agenda and materials will be sent to the Board and staff by Friday, Feb 4th.

OTHER UPDATES AND ACTIVITIES

ACHD

- Staff and Board directors have completed the Diversity, Equity, and Inclusion (DEI) trainings offered by ACHD. These trainings have been very helpful in informing our strategic planning efforts to ensure inclusivity in our strategies and policies.
- Participated in the ACHD Education Committee meeting in January and will transition to Board Chair at our February meeting.
- Attended virtual Board meeting in late January and the next meeting of the ACHD BOD will be a day-and-a-half retreat in Sacramento Feb 16 and 17.
- There is a need for additional members on both the ACHD advocacy and finance committees so if interested (*in all your free time*), let me know.

Children's Health Initiative

- We have received the refund of \$1,004,400 which again, was the District's portion of the remaining funds in the CHI reserve account. I will remain on the CHI committee to stay engaged and aligned with any potential initiatives or investments in the future and to serve in an advisory role rather than a voting member of the committee.

COMMUNITY INVOLVEMENT

- **Chair Redwood City Together (formerly RWC 2020)** Executive meeting and attend both Executive and Leadership committee meetings.
- **Healthy Community Collaborative (HCC)**- Meets every 3rd week of the month.
- Member of the **County Recovery Coordination Council**. These monthly meetings are intended to inform, advise, and foster dialogue as the county develops its strategic plan to recover from the pandemic.
- Participated in the December and January monthly meetings of the **County Covid Communications and Equity Workgroup**
- Participate in the **Children's Collaborative for Success** NFO RWC Implementation Workgroups whenever possible
- I continue to participate in discussions hosted by **Stanford Social Innovation** related to race and racism and on forums hosted by County Health Policy and Planning around a number of topics.

Healthy Schools Initiative (HSI) Update

December 2021—January 2022

Karen Li—Director of School Health

- **SHD Support for Nursing Needs and Covid Response—**
 - Curating and providing additional PPE to school districts during the recent Omicron surge
 - Overseeing school nursing coordination, communication, mentoring, and credential scholarships
 - Determining optimal use of Covid emergency funds for school districts

- **HSI Team development/support**
 - Onboarding three new HSI team members
 - Conducting 1:1 strategic planning meetings with team members
 - Launching a team needs assessment
 - Providing guidance for school district wellness policy updates

- **Mental Health**
 - Continuing to support educator, student, and family mental health via Care Solace in partnership with San Mateo County Office of Education and Peninsula Health Care District:
<https://home.caresolace.com>
 - Coordinating and promoting Kognito’s “At Risk” Suicide Prevention trainings for our school districts: <https://kognito.com/products>
(See attached flyer re: new partnership between Care Solace and Kognito)
 - Supporting the launch of “Early Alert” in Sequoia Union High School District: a text-based program with weekly check-ins and referrals to resources

- Coordinating with San Mateo County Office of Education and school districts regarding their mental health data collection processes
- **Substance Use Education and Prevention**
 - KL co-leads the Tobacco Education Coalition's (TEC) School Workgroup monthly meetings. Recent/upcoming meetings:
 - Jan. 26: Kick It California and YVAPE program
 - Feb. 23: Orange County Tobacco Use Prevention Education (TUPE) staff on capacity building efforts
 - March 23: KL will co-present--Cannabis Education and Prevention in Redwood City
 - Working with school districts on substance use data collection—California Healthy Kids Survey (CHKS)



More effective conversations, better connections to treatment

Working in partnership to successfully complete the circle of care for students, families and staff

Together, Kognito and Care Solace are empowering school districts to:

- Engage students in caring, effective conversations about mental health and substance use.
- Identify areas of concern, and distinguish when students are in need of resources within or outside of school-based services.
- Connect students quickly to the right mental health and substance use treatment providers.

With the help of *both* Kognito and Care Solace, students, educators, parents, and the greater school community emerge better prepared and better supported to successfully facilitate the important conversations and the right connections to treatment. Achieved compassionately, effectively and quickly.

More than






1.3+
Million

users currently have access to Kognito and have benefited from putting the conversation skills they've practiced in a virtual world to use in the real world.



Kognito's Virtual Humans

Kognito offers virtual conversation training programs between 5 and 60 minutes, including the following topics:

- | | |
|--|--|
|  Emotional and Mental Wellness |  Bullying |
|  Mental Health and Suicide Prevention |  Trauma |
| |  Substance Misuse |

How Kognito and Care Solace help initiate and complete integral pieces of the care puzzle

Kognito’s virtual role-play programs prepare students, educators, parents, and the greater school community to effectively lead challenging real-life conversations.

Users learn by doing in their virtual Kognito conversations. Each program utilizes evidence-based models and techniques, game mechanics, and key learning and assessment principles to help ensure success. Educators, parents and community emerge with the practical skills to identify and distinguish need for additional provider and treatment support.

Within the Kognito platform, learners:

01. Practice conversations with virtual humans about emotional and mental wellness, substance use, identifying at-risk behaviors, and other challenging topics.

02. Respond to the caring support of their virtual coach, who guides them each step of the way in a safe learning environment.

03. Explore different conversation strategies and pathways, and return to practice conversations as many times as they’d like.

04. Transfer their knowledge and skills to real-life, engaging in more effective, caring conversations with students.

05. Identify when a student may need the help of additional resources, including distinguishing type of treatment and/or outside provider.

care/solace then works to:

06. Connect students, staff and families quickly to quality mental health and substance use treatment providers who best meet their needs.

“With Kognito, Fairfax County Public Schools was able to rapidly train more than 20,000 educators, and saw a 30-40% increase in the number of students whom educators talked with and referred to mental health services.”



Let’s Start the Conversation

Engage in an interactive demo, explore how other districts have transformed their ability to connect with students and support their treatment needs, and learn more about how together, Kognito and Care Solace can do more to help your school community.

CONTACT US AT INFO@KOGNITO.COM OR WWW.KOGNITO.COM

Jenny Bratton Staff Report Feb-2022

Activity Summary

I. 2022-23 Grant Cycle

- Assembled scoring google sheets for the grants committee for scoring; currently compiling scores in advance of 2nd grant check release in February
- Presented grants info session to community partners on Jan. 12th
- Answering questions and monitoring LOI applications for Feb. 11th deadline
- Scheduling virtual site visits with grant partners
- Created scoring template to improve grant committee scoring experience through updates to the Versaic system; testing commences in February

II. Other Grants

- After successful collaboration with Dignity Health Sequoia Hospital to offer Joint Holiday Food grant, created reporting template for grantees; report due date is January 28. Will compile cursory report outcomes to share out with Board at next Board meeting.
- Created a Covid-19 emergency loan reassessment survey; with ad-hoc committee approval, we forgave loans in the tune of \$25,000 each for both CWAE (Center for Wellness and Achievement in Education) and NCEFT (National Center for Equine Facilitated Therapy). We also gave a 50% partial loan forgiveness to PJCC (Peninsula Jewish Community Center).

III. ACHD

- Advocacy Committee: The first Advocacy meeting was Oct. 22nd. For a complete list of ACHD positions on active bills, visit: www.achd.org/monthlylegislativeupdate
- Governance Committee: The first Governance Committee meeting was held Dec. 1, 2021. The next meeting is February 9, 2022.

IV. Redistricting

- Presented Redistricting Maps to Families United and Rotary RWC in January (short report will be presented at February Board meeting); RWC PAL parents' group TBD and Rotary Foster City March 2nd
- Working with Luz to poll the community and create webpage
- Scheduling future presentations to local community groups after brainstorming possibilities w/Pamela and Jerry

III. 75th Anniversary

- Participated in meetings with San Mateo History Museum and Community Health Fair meetings conducted by Luz for support and feedback

IV. Additional Activities

- Coordinating with Charlene Margot (Parent Education Series) on February Town Hall on Heart Health
- Participating in a 9-week Women Empowered to Rise (WeRise) leadership program thru University of Pacific and Junior League Sacramento which is geared for women in leadership roles at their organizations.

February Staff Report

Luz Garcia — Communications Specialist & Sequoia Strong Program Coordinator

SHD Website

- Summary:
 - Complete Website Redesign
 - 16 New Pages
 - Simplified layout
 - Interactive features and the addition of FAQs
- Goal: Make information easily accessible and the website experience more enjoyable

Grants Information Sessions

- Summary:
 - Ran Ads across Daily Post, San Mateo Daily Journal, and social media
 - Daily Post
 - Ran 6 ads from late December to early January
 - San Mateo Daily Journal
 - Ran 8 ads from mid-December through early January
 - Facebook and Instagram
 - Ran an ad for 12 days with the following results:
 - 372 reach
 - 74 post engagements
- Goal: Increase awareness of our Grants program and event attendance

Health Fair & Museum Exhibit

- Summary:
 - Health Fair
 - Met with RWC Together, RWC Parks and Recreation, and Friends for Youth
 - May 21st Health Fair date secured

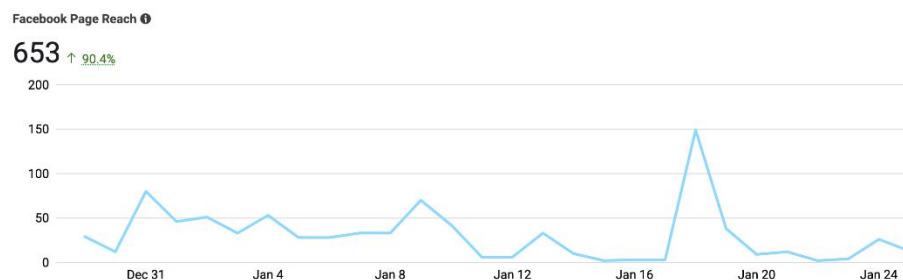
- Created an event program, vendors wish list and began securing activities (zumba, tai chi, etc.)
 - Museum Exhibit
 - Library Archives and History Museum Archives Research
 - Finalizing images and descriptions
- Goal: Strengthen community engagement and SHD history awareness

Sequoia Strong

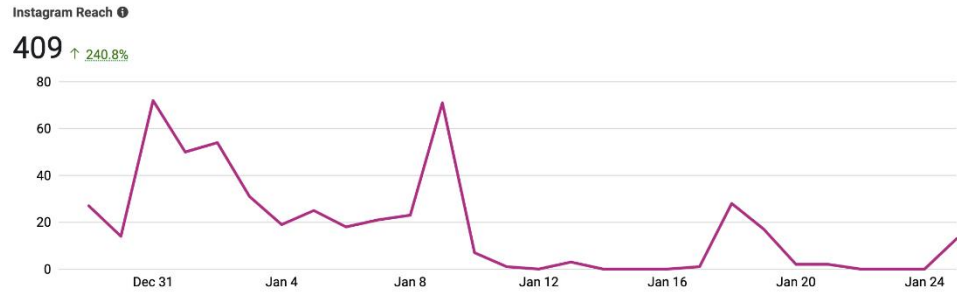
- Summary:
 - Met with Fair Oaks Adult Activity Center and Twin Pines Senior Center about updates + sent meeting requests to all other partner senior centers
 - Edited Sequoia Strong brochures and flyers
 - Continuing to draft a new webpage and search functions for Sequoia Strong
- Goal: Build the site's reliability and usability through partner feedback

Marketing

- Summary:
 - Consistent weekly posts on social media: Facebook and Instagram
 - Continuing to see growth across both platforms
 - Facebook:



- Instagram:



- Website updates
 - Announcements and events updated regularly
- Goal: Raise District awareness among the community and keep residents informed with the latest